



City of San Diego Park & Recreation Department
"We enrich lives through quality parks and programs."

**Carmel Valley Community
Park & Recreation Center**

3777 Townsgate Drive
San Diego, CA 92130
Center: (858) 552-1616
Pool: (858) 552-1623
Tennis Courts: (858) 504-4181

www.cvsd.com

Open Tennis Court Schedule
Recreation Council Information

CAMPS

SUMMER 2007



CAMP REGISTRATION BEGINS MAY 5, 2007

See inside front cover for complete details.

REGISTRATION INFORMATION

Please Note: Businesses that rent facility space from the City of San Diego & the Carmel Valley Recreation Center will be distributing their own registration and program information. **Please contact them directly for REGISTRATION and program inquiries.**

Registration for IN-HOUSE camps (GYM KIDS, MAD SCIENCE & COLLEGE PREP) is taken on a first come, first serve, walk-in basis. **Children under 18 must be registered by their parent/legal guardian.**

IN-HOUSE CAMP REGISTRATION BEGINS: SATURDAY, MAY 5, 2007 at 9:00AM

Numbers will be issued at 7:00am to reserve a place in line. One number per family. We can not give you a number for a friend/neighbor.

Historically, only a few camps fill to capacity on the first day of registration; register early for best availability. When camps fill to capacity, waiting lists are formed. Many camps are expanded to accommodate additional students. However, to insure program quality for all participants, no exceptions are made regarding class enrollment sizes. **All participants must meet age requirements.**

- Payment is required at the time of registration.
- Please pay with **EXACT cash or a check** payable to CVRC.
- No credit cards.
- A **\$35 fee** will be charged for all returned checks.
- Financial assistance is available. Obtain Financial Assistance applications at the Recreation Center office. Last day to submit applications is **14 days prior** to the start of camp.
- Camp fees are not prorated/discounted after the beginning of the scheduled session.

Resident - Resides in the City of San Diego, property taxes are paid to the City of San Diego

Non-Resident - Resides outside the City of San Diego (Solana Beach, Del Mar, Rancho Santa Fe, Cardiff, etc.)

IN-HOUSE CAMP REFUND POLICY:

No partial refunds or make ups for missed camp days. Sorry, no exceptions! A **\$20.00** service fee will be charged per registrant for each refund request. An official CVRC Refund Request Form (available at the Recreation Center) and your yellow registration receipt must be submitted a minimum of **7 days prior** to the start of the originally registered camp.

Due to the nature of their business, camp organizations rely on registration numbers in order to plan safe and well supervised camps. If you or your child are unhappy, or your child can not participate after the first day, we cannot refund or transfer you. Thank you for understanding.

If your child has a medical emergency (not regular/routine illness) after registration day and can no longer participate in camp please contact CVRC staff as soon as possible. **A CVRC Refund Request Form** (available at the Recreation Center) **must be submitted prior to the second class meeting.** Refund or credit will be determined on a case by case basis by the Center Director. A doctor's note will be required.

IN-HOUSE CAMP TRANSFER POLICY:

We understand that your plans may change during the summer. Transfer requests are not encouraged and will be evaluated on a case by case basis. Request must be within the same type of camp and organization, pending space availability. (i.e. Gym Kids Week 1 transfer to Gym Kids Week 5) To insure program quality for all participants, no exceptions are made regarding camp enrollment sizes.

An official CVRC Transfer Request Form (available at the Recreation Center) and your yellow registration receipt must be submitted a minimum of **7 days prior** to the start of the originally registered camp.

ARRIVAL & DEPARTURE:

It is required that all campers must be signed in and signed out each day by parent/legal guardian or other designated persons. Campers will not be released to anyone else. Picture ID may be required. Prior written parental permission is required for campers who wish to walk/ride bike home. After camp hours, late pickups will be charged \$1.00 per minute, time determined by the supervising counselor. Payment is due immediately upon pick up.

BEHAVIOR & SAFETY:

Any behavior that staff believes will endanger campers or staff safety will result in a minimum one day suspension from camp (no refund). Continual behavior problems including, but not limited to violent/inappropriate behavior or language, or breaking camp rules may also result in a minimum one day suspension from camp (no refund). Repeat offenses could result in expulsion from camp (no refund). Under any of the above circumstances, parent will be called to pick up the child immediately.

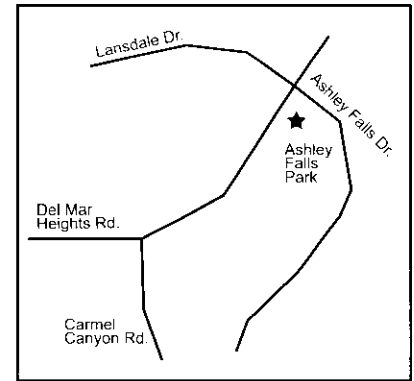
Do not bring additional items to camp, only what is recommended. CVRC/camp staff is not responsible for lost/stolen items. To ensure security of property, label each item and bring everything in one bag.

INDIVIDUALS WITH DISABILITIES:

Many camps can accommodate persons with disabilities. The City of San Diego Therapeutic Recreation Services staff may provide additional support. Please ask for this service a minimum of 3 weeks prior to the start of camp.

CAMP LOCATIONS:

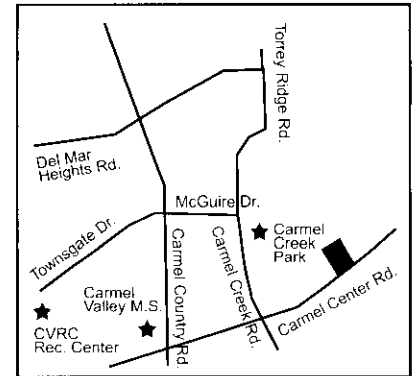
Ashley Falls Neighborhood Park
13030 Ashley Falls Drive



Carmel Creek Neighborhood Park
4260 Carmel Center Road

Carmel Valley Middle School
3800 Mykonos Lane

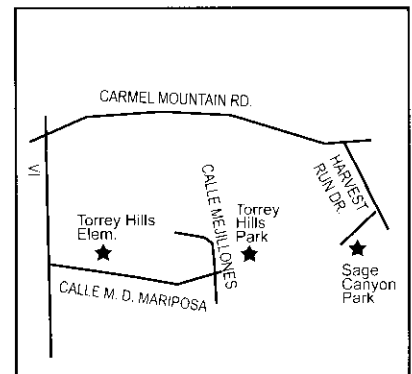
Carmel Valley Recreation Center
3777 Townsgate Drive



Sage Canyon Park
5252 Harvest Run Drive

Torrey Hills Park
4262 Calle Mejillones

Torrey Hills Elementary School
10830 Calle Mar De Mariposa



LOCATION	TIME	LOCATION	TIME
Week 1, June 18 - 22		Week 6, July 23 - 27	
College Prep	CVRC Room #2 1:00pm - 3:00pm	Gym Rollers	CVRC Gymnasium 9:00am - 12:00pm
Mini Rock n' Cheer	CVRC Amphitheater 9:30am - 12:30pm	Gym Rollers	CVRC Gymnasium 12:30pm - 3:30pm
Rock n' Cheer	CVRC Amphitheater 9:30am - 2:30pm	Gym Kids	CVRC Gymnasium 9:00am - 3:00pm
Gym Kids	CVRC Gymnasium 9:00am - 3:00pm	Mad Science	CVRC Room #1 9:00am - 12:00pm
Mad Science	CVRC Room #1 9:00am - 12:00pm	*GameBreaker LAX	Carmel Del Mar Park 9:00am - 3:00pm
*One on One Hoops	Sage Canyon Park 9:00am - 12:00pm	*Kid City Baseball	Carmel Creek Park 9:00am - 3:00pm
*Pee Wee Sports	Ashley Falls Park 9:00am - 12:00pm	*One on One Hoops	Sage Canyon Park 9:00am - 2:00pm
*Playball	Carmel Creek Park 9:00am - 1:00pm	*Pee Wee Sports	Ashley Falls Park 9:00am - 12:00pm
*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm	*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm
*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm	*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm
		*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm
Week 2, June 25 - 29		Week 7, July 30 - August 3	
Gym Rollers	CVRC Gymnasium 9:00am - 12:00pm	Gym Rollers	CVRC Gymnasium 9:00am - 12:00pm
Gym Rollers	CVRC Gymnasium 12:30pm - 3:30pm	Gym Rollers	CVRC Gymnasium 12:30pm - 3:30pm
Gym Kids	CVRC Gymnasium 9:00am - 3:00pm	Gym Kids	CVRC Gymnasium 9:00am - 3:00pm
Mad Science	CVRC Room #1 9:00am - 12:00pm	Mini Rock n' Cheer	CVRC Amphitheater 9:30am - 12:30pm
*Euro Multi Sports	Carmel Creek Park 9:30am - 12:00pm	Rock n' Cheer	CVRC Amphitheater 9:30am - 2:30pm
*Pee Wee Sports	Ashley Falls Park 9:00am - 12:00pm	Mad Science	CVRC Room #1 9:00am - 12:00pm
*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm	*Adrenaline LAX	Sage Canyon Park 9:00am - 3:00pm
*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm	*Kid City Football	Carmel Creek Park 9:00am - 3:00pm
		*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm
		*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm
		*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm
Week 3, July 2 - 6 NO CAMP ON JULY 4, 2007		Week 8, August 6 - 10	
*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm	College Prep	CVRC Room #2 10:00am - 12:00pm
*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm	*Adrenaline LAX	Carmel Del Mar Park 9:00am - 3:00pm
		*Kid City Basketball	CVRC Gymnasium 9:00am - 3:00pm
		*KinderSafari	Ashley Falls Park 9:00am - 1:00pm
		*Pee Wee Olympics	Ashley Falls Park 9:00am - 12:00pm
		*Science Safari	Ashley Falls Park 9:00am - 3:00pm
		*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm
		*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm
		*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm
Week 4, July 9 - 13		Week 9, August 13 - 17	
Gym Rollers	CVRC Gymnasium 9:00am - 12:00pm	Mad Science	CVRC Room #1 9:00am - 12:00pm
Gym Rollers	CVRC Gymnasium 12:30pm - 3:30pm	*Euro Multi-Sports	Carmel Creek Park 9:30am - 12:00pm
Gym Kids	CVRC Gymnasium 9:00am - 3:00pm	*KinderSafari	Ashley Falls Park 9:00am - 1:00pm
Mad Science	CVRC Room #1 9:00am - 12:00pm	*MSP Jr. Basketball	CVRC Gymnasium 9:00am - 12:00pm
*GameBreaker LAX	Carmel Del Mar Park 9:00am - 3:00pm	*MSP Volleyball	CVRC Gymnasium 9:00am - 12:00pm
*Pee Wee Olympics	Ashley Falls Park 9:00am - 12:00pm	*Science Safari	Ashley Falls Park 9:00am - 3:00pm
*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm	*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm
*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm	*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm
*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm	*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm
Week 5, July 16 - 20		Week 10, August 20 - 24	
Mini Rock n' Cheer	CVRC Amphitheater 9:30am - 12:30pm	*MSP Basketball	CVRC Gymnasium 9:00am - 3:00pm
Rock n' Cheer	CVRC Amphitheater 9:30am - 2:30pm	*Pee Wee Sports	Ashley Falls Park 9:00am - 12:00pm
Gym Kids Boys	CVRC Gymnasium 9:30am - 2:30pm	*Sharks Soccer	Torrey Hills Park 9:00am - 12:00pm
Gym Kids	CVRC Gymnasium 9:00am - 3:00pm	*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm
Mad Science	CVRC Room #1 9:00am - 12:00pm	*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm
*Pee Wee Sports	Carmel Creek Park 9:00am - 12:00pm		
*KinderSafari	Ashley Falls Park 9:00am - 1:00pm		
*Science Safari	Ashley Falls Park 9:00am - 3:00pm		
*Kid City Multi-Sport	Carmel Creek Park 9:00am - 3:00pm		
*Tennis (Beg./Int.)	CVRC Tennis Courts 9:00am - 12:00pm		
*Tennis (Int./Adv.)	CVRC Tennis Courts 12:30pm - 3:30pm		

PLEASE NOTE THE FOLLOWING IMPORTANT CAMP INFORMATION:

IN-HOUSE CAMPS:

Register for IN-HOUSE camps at the Recreation Center.

IN-HOUSE CAMPS: College Prep, Gym Kids, Gym Kids Boys, Gym Rollers, Mini Rock 'n Cheer, Rock 'n Cheer and Mad Science camps

*RENTAL CAMPS:

The following businesses rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business.

Please contact them directly for registration and all other program inquiries.

RENTAL CAMPS: Adrenaline Lacrosse, Malcolm Tovey, Kid City, Camp Science Safari, Sharks Soccer, Master Sports, Playball, Gamebreaker Lacrosse, One on One and Carmel Valley Tennis

GYM KIDS CAMPS

About Gym Kids Camps...

Campers feel good about themselves as our non-competitive curriculum enhances the spirit of "I CAN DO IT" in each child. Whether learning gymnastics or cheer, it's the process that is the focus, not the product. Our highly trained staff teaches with care using goal-setting, progressions, and positive encouragement. TEAM SPIRIT is encouraged as we incorporate exciting themes into our fun lessons. **Camp Themes include Luau, Go for the Gold, Rock & Roll, Fiesta and more!**

GYM ROLLERS CAMP

Low ratios make this an ideal first experience for the young camper. Children learn gymnastics skills on vault, bars, balance beam, floor, airtrack and trampoline. Fun daily themes are used to incorporate snack, arts & crafts, parachute games, dance and bubble play!

Days: Monday - Friday
Time: 9:00am - 12:00pm or 12:30 - 3:30pm
Dates: **Week 2, June 25 - 29**
Week 4, July 9 - 13
Week 6, July 23 - 27
Week 7, July 30 - August 3



Ages: 3 - 6 years
Location: CVRC Gymnasium
Fee: \$170 Resident / \$180 Non-Resident
Bring: Wear athletic attire with long hair tied back and shoes camper can put on and take off with ease.
Provided: Crafts, daily nutritious snack & cold drinks.
Talent Showcase and Awards Friday at 11:45am/3:15pm.
Staff to Camper Ratio: 1:6

GYM KIDS CAMP

Our ever popular Gym Kids Camp is for boys and girls who want a day full of activity and fun! Campers learn a variety of gymnastic skills for the novice through intermediate gymnast. Our fantastic staff works with small groups on vault, bars, balance beam, floor, air track and trampoline. Additional time is allocated for the gymnasts to work on their favorite skills! Special themes will be used to incorporate arts & crafts, games, sports and agility. Groups will also go on a 'field trip' to the neighboring CVRC pool!

Days: Monday - Friday
Time: 9:00am - 3:00pm
Dates: **Week 1, June 18 - 22**
Week 2, June 25 - 29
Week 4, July 9 - 13
Week 5, July 16 - 20
Week 6, July 23 - 27
Week 7, July 30 - August 3



Ages: 6 - 12 years
Location: CVRC Gymnasium
Fee: \$225 Resident / \$230 Non-Resident
Bring: Wear athletic attire with long hair tied back, and sack lunch.
Provided: Crafts, daily nutritious snack & cold drinks.
Friday: BBQ lunch, Talent Showcase at 2:30pm.
Staff to Camper Ratio: 1:7

For more camp information contact Mary at (858) 487-7799.
Email: info@rockntumble.com
Internet: www.rockntumble.com/gclass.htm

BOYS SPEED, STRENGTH AND AGILITY

Get ready for some Rough 'n Tumble at this great indoor and outdoor camp. Hurdles, parachute trainers, soccer, football and baseball skill training apparatus are used to develop speed and agility outdoors. In the gym, boys will jump on trampolines, climb inflatable mountains and swing on the bars. Obstacle courses are used to develop skills and minimize down time. Practice front handspring throw-ins for the soccer field or a round off back handspring after scoring a GOOOOAAAAL! Learn to dive into the endzone (safely of course!) like a pro football player. We'll even have time at the CVRC pool. Come join the FUN!

Days: Monday - Friday
Time: 9:30am - 2:30pm
Dates: **Week 5, July 16 - 20**
Ages: 6 - 12 years
Location: CVRC Field
Fee: \$220 Resident / \$230 Non-Resident
Bring: Wear athletic attire and sack lunch.
Provided: Crafts, daily nutritious snack & cold drinks.
Friday: BBQ lunch, Talent Showcase at 2:30pm.
Staff to Camper Ratio: 1:8



MINI ROCK 'N CHEER CAMP

A great camp for the young cheerleader. Our cheer staff will provide the campers with a great introduction to all of the fun involved with cheerleading. Our young campers learn arm positions, cheers, jumps, dance and tumbling. Cheer related crafts and snacks are also incorporated into our SPIRIT WEEK theme as we invite cheer parents to our spirit rally at the end of the week!

Days: Monday - Friday
Time: 9:30am - 12:30pm
Dates: **Week 1, June 18 - 22**
Week 5, July 16 - 20
Week 7, July 30 - August 3

Ages: 4 - 6 years
Location: CVRC Outdoor Amphitheater
Fee: \$160 Resident / \$170 Non-Resident
Bring: Wear athletic attire with long hair tied back, tennis shoes, apply sunblock before camp daily.
Provided: Crafts, daily nutritious snack & cold drinks.
Spirit Rally Friday at 12:15pm.
Staff to Camper Ratio: 1:8



ROCK 'N CHEER CAMP

Calling all Cheerleaders! Our cheer camp incorporates great stations for the cheerleader in the making. Daily fun includes cheer routines, chants, jumps, dance and tumbling on the Gym-Kids gymnastics equipment in the gymnasium. We'll even cool off at the pool! Campers will prepare for a Spirit Rally complete with Spirit Awards at our Camp Talent Show!

Days: Monday - Friday
Time: 9:30am - 2:30pm
Dates: **Week 1, June 18 - 22**
Week 5, July 16 - 20
Week 7, July 30 - August 3

Ages: 7 - 12 years
Location: CVRC Outdoor Amphitheater
Fee: \$185 Resident / \$195 Non-Resident
Bring: Wear athletic attire with long hair tied back, tennis shoes and sack lunch.
Provided: Crafts, daily nutritious snack & cold drinks.
Friday: BBQ lunch, Spirit Rally at 2:15pm.
Staff to Camper Ratio: 1:10



MAD SCIENCE CAMPS

About Mad Science Camps...

All Mad Science Camps meet from 9:00am - 12:00pm, Monday - Friday in CVRC Room #1. Bring water, snack, sunblock and wear comfortable clothes.

MAD SCIENCE ALL-STARS

Learn about famous scientists and inventors who were all-stars in their field of expertise. Together with your teammates you will build super structures, create a volcanic eruption and examine rocks formed from volcanic magma. Soar high above as you build a kit and glider and experiment with lift, aerodynamics and air pressure.

Dates: Week 4, July 9 - 13
Ages: 5 - 10 years
Fee: \$130 Resident / \$140 Non-Resident

Provided: Magnetic soccer game, rocket racer, crystal garden and more!
Staff to Camper Ratio: 1:10



NASA SPACE ACADEMY

This is your chance to be a rocket scientist. Explore the science involved in rocket construction as you build and launch your own rocket. Use teamwork to complete an important space mission and build a model space station. Explore the farthest reaches of our solar system and create a lunar eclipse in our planetary tour.

Dates: Week 6, July 23 - 27
Ages: 6 - 11 years
Fee: \$150 Resident / \$160 Non-Resident

Provided: Skyblazer II rocket, Shuttle Copter and much more!
Staff to Camper Ratio: 1:10

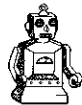
NEW!

ROBOTS AND REACTIONS

Discover the incredible things that robots can do. Experiment with robotic arms and infrared robots. Work with simple machines that can lift objects and launch them into the air. Learn the basics of chemistry and be amazed by radical reactions.

Dates: Week 2, June 25 - 29
Ages: 8 - 12 years
Fee: \$150 Resident / \$160 Non-Resident

Provided: Robot, super ball, catapult, race car and more.
Staff to Camper Ratio: 1:10



IN THE GARDEN

Campers explore the different parts of a garden and learn all about seeds, soil and sprouts. The group will examine fruits, vegetables, plants and leaves using a microscope designed for pre-schoolers. Children also learn about interesting creatures that live in the garden.

Dates: Week 5, July 16 - 20
Week 9, August 13 - 17

Ages: 4 - 5 years
Fee: \$130 Resident / \$140 Non-Resident

Provided: Rainbow catcher, bug box, T-Rex tooth model and more!
Staff to Camper Ratio: 1:8

PRE-K PROGRAM!

SPY CAMP

Become a Mad Science secret spy and take a fascinating journey into the world of detection, forensics and classified information! Learn code language to send secret messages as part of your mission. Join the Mad Science Bureau of Investigation and sniff out forgeries and counterfeits. Follow Sherlock's footsteps to learn what tracks and trails can teach us.

Dates: Week 7, July 30 - August 3
Ages: 7 - 12 years

Fee: \$130 Resident / \$140 Non-Resident
Provided: Detective kit, secret decoder, fingerprint kit and more!
Staff to Camper Ratio: 1:10

NEW!

BACKYARD EXPLORERS

Put on your safari hat and take a walk on the wild side! You'll get up close with creepy, crawling creatures and build a bug house for your own backyard. Get your hands dirty as we explore how to track down an animal and learn about how it lives.

Dates: Week 1, June 18 - 22
Ages: 5 - 10 years
Fee: \$130 Resident / \$140 Non-Resident

Provided: Bug house, animal track, solar cooker and more!
Staff to Camper Ratio: 1:10



For more camp information contact Mad Science.

Phone: (858) 505-4880

Internet: www.madscience.org/sandiego

COLLEGE ADMISSION PREP

COLLEGE ADMISSION PREP CAMP

These five day Summer sessions are designed for upcoming Seniors to prepare for the college admission process. Students will learn the intricacies of applying to college. Topics included are: finding the "right fit" when choosing a college, writing essays for UC and other schools, highlighting your achievements and talents, writing a resume including your extracurricular activities and community service, interviewing, touring a campus, communicating with admissions officials and how to organize your Senior year month by month.

Dates: Monday - Friday
Session/Time: Week 1, June 18 - 22 1:00pm - 3:00pm
Week 8, August 6 - 10 10:00am - 12:00pm

Ages: Upcoming Seniors
Location: CVRC Room #2
Fee: \$175 residents/\$195 Non-residents
Bring: Paper and pencil



For more information please contact Vicki Bennett.

Phone: (858) 259 - 8006

Email: vbennett2@san.rr.com

CARMEL VALLEY TENNIS

CARMEL VALLEY TENNIS CAMP

We offer two levels of summer camps for kids beginning the week of June 18 and ending the week of August 20. In the Beginner/Intermediate level, campers work on developing a forehand and backhand ground stroke, racquet control skills, and improving cardio fitness. In the Intermediate/Advanced level, campers will be refining their basic tennis skills, ground strokes and volleys, with the introduction of refining of the serve. Each week ends with HIT FOR PRIZES and a pizza party!

Days: Monday - Friday
Time: Beginner/Intermediate 9:00am - 12:00 p.m.
Intermediate/Advanced 12:30 - 3:30 p.m.

Ages: 6 - 16 years
Location: CVRC Tennis Courts
Fee: \$140 residents/\$160 Non-residents
Session 3: \$112 residents /\$132 Non-residents (No camp July 3)

Bring: Racquet, sun screen and a sports drink or water.
Provided: Daily snack.



To register for Tennis camp contact Carmel Valley Tennis.

Phone: (858) 504 - 4181

Internet: www.carmelvalleytennis.net

The businesses listed on this page rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business. Please contact them directly for registration and all other program inquires.

PLAYBALL

CAMPPLAYBALL

At Campplayball children learn the basics for sports such as baseball, basketball, hockey, soccer and more. Through sports, campers practice persistence, courage, cooperation, respect, self worth and communication while having oodles of fun. The camp environment is loving with an emphasis on creativity and imagination. Crafts, games and daily prizes are all a part of this exciting camp.

Days: Monday - Friday
Time: 9:00am - 1:00pm
Dates: **Week 1, June 18 - 22**
Ages: 3 - 7 years
Location: Carmel Creek Park
Fee: \$149
Bring: Lunch & snacks (peanut free meals), sunscreen, hat, full change of clothes and closed toed shoes.



To register for CAMPPLAYBALL visit www.campplayball.com
Phone: (888) 323 - 8671
Email: info@campplayball.com

MASTER SPORTS CAMPS

About Master Sports Camps...

Master Sports camps meet Monday through Friday in the CVRC Gymnasium. Please wear athletic shoes with non-marking soles. Bring sack lunch and water. Staff to camper ratio is 1:10.

VOLLEYBALLCAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp. Participants will practice fundamentals through a variety of drills critiqued by our instructors. All participants receive an official Master Sports Sportpack and water bottle!

Dates: **Week 9, August 13 - 17**
Time: 9:00am - 12:00pm
Ages: 9 - 13 years
Fee: \$130



BASKETBALL CAMPS

Former European Pro Steve Smith and his staff will help you improve all aspects of your game while having fun at the same time. Our focus is on improving your fundamentals by teaching you new skills and then refining them using different drills and games. Camp is divided into age appropriate groups. Our fun-filled *Jr. Basketball Camp* teaches the basics of the game through fun and unique drills. A camp t-shirt and official Master Sports Basketball are provided.

BASKETBALL CAMP

Dates: **Week 10, Aug. 20 - 24**
Time: 9:00am - 3:00pm
Ages: 6 - 13 years
Fee: \$150

JR. BASKETBALL CAMP

Dates: **Week 9, Aug. 13 - 17**
Time: 9:00am - 12:00pm
Ages: 4 - 6 years
Fee: \$130

Register online for Master Sports camps at www.MASTERYourSPORTS.com
For more camp information contact Dan at (858) 518-1315.
Email: info@MASTERYourSPORTS.com

ADRENALINE LACROSSE

ADRENALINE LACROSSE CAMP

Adrenaline Lacrosse proudly offers a high quality camp experience marked by the highest level of qualified coaches, well-planned curriculum and fun activities. The mornings consist of intensive instruction on team and position specific skills that will give each player the tools to jump forward from their current level of play. Afternoon game play allows campers to practice what they've learned. Campers are placed into groups according to age and experience.

Days: Monday - Friday
Time: 9:00am - 3:00pm
Dates: **Week 7, July 30 - August 3** (5 days)
Ages: Grades 1 - 12
Location: Sage Canyon Park
Fee: \$350
Bring: Water, mouthguard, cleats, athletic clothes, lunch, sunblock and lacrosse protective equipment.



SUMMER GOALIE SCHOOL

The Adrenaline Goalie School was founded by goaltenders with over 21 years of playing and coaching experience. This highly specific program was developed around the concepts of hard work and specialized drills. If you want to be one of the top goaltenders in your area, you don't want to miss this camp! Goalies who sign up for Goalie School receive free admission to the Day Camp Program! Campers are placed into groups according to age and experience.

Days: Wednesday - Friday
Time: 9:00am - 3:00pm
Dates: **Week 8, August 6 - 8**
Ages: Grades 1 - 12
Location: Carmel Del Mar Park
Fee: \$350
Bring: Water, mouthguard, cleats, athletic clothes, lunch, sunblock and lacrosse protective equipment.

For more information about Adrenaline Lacrosse contact Jill Albee.
Phone: (858) 405 - 2435
Email: info@adrenalinelacrosse.com
Register Online: www.adrenalinelacrosse.com

GAMEBREAKER LACROSSE

GAMEBREAKER LACROSSE CAMP

Our goal at GameBreaker Lacrosse Camps is to help you keep improving, no matter what your ability level, through great coaching and healthy competition. Camp curriculum includes shooting, ground balls, defense, fast breaks, dodging, stick skills, triangle offense, clears/rides, face-off and wing play and much more! All ability levels are welcome. This year each camper receives a 15 minute private lesson at camp!

Days: Monday - Thursday
Time: 9:00am - 3:00pm
Dates: **Week 4, July 9 - 12 (Boys Only)**
Week 6, July 23 - 26 (Girls Only)
Ages: 8 - 18 years
Location: Carmel Del Mar Park
Fee: \$335
Bring: Lunch, lacrosse stick, gloves & pads (boys), helmet (boys), mouthpiece, eye protection (girls), cleats (sneakers ok)



Register online for GameBreaker Lacrosse Camp at www.laxcamps.com
Phone: (800) 944 - 7112

The businesses listed on this page rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business. Please contact them directly for registration and all other program inquiries.

KID CITY CAMPS

About Kid City Camps...

All Kid City camps meet Monday through Friday. Thursday is Water Day. Friday pizza party and awards for each camper wrap up these fun camps! Please wear comfortable clothes and athletic shoes. Apply sunblock daily before camp begins. A snack and beverage is provided daily along with water throughout the day. In the event of rain, please call 858-344-2557 on the DAY OF camp for an update voice message. Staff to camper ratio is 1:8 (Pee Wee Camps) and 1:12 (7-13 Years Camps)

PEE WEE SPORTS CAMP

Children will learn the fundamentals of soccer, football, field hockey, basketball and T-Ball. Tackle our fun obstacle courses and relay races too! Each day will consist of activities designed to improve coordination, strength and motor skills. Campers are placed into groups according to age and experience.

Time: 9:00am - 12:00pm
Dates: **Week 1, June 18 - 22**
Week 2, June 25 - 29
Week 5, July 16 - 20 (camp meets at Carmel Creek Park)
Week 6, July 23 - 27
Week 10, August 20 - 24
Ages: 3 - 8 years
Location: Ashley Falls Park
Fee: \$130



PEE WEE OLYMPICS CAMP

An instructional camp where children will learn the fundamentals of track and field as well as soccer, field hockey, basketball, t-ball, and football, relay races and obstacle courses. Each day will consist of fun activities designed to improve coordination, strength and motor skills. Campers are placed into groups according to age and experience.

Time: 9:00am - 12:00pm
Dates: **Week 4, July 9 - 13**
Week 8, August 6 - 10
Ages: 3 - 8 years
Location: Ashley Falls Park
Fee: \$130



MULTI-SPORTS CAMP

An instructional camp where children will learn the fundamentals of soccer, field hockey, basketball, baseball and football. Skills emphasized are the batter's swing/stance, passing, throwing, scoring, shooting and fastbreaks. Every participant will get to use their own ball to ensure consistent participation. Please bring a lunch.

Time: 9:00am - 3:00pm
Dates: **Week 5, July 16 - 20**
Ages: 7 - 13 years
Location: Carmel Creek Park
Fee: \$150

NEW!

BASKETBALL CAMP

An instructional camp where children will learn the fundamentals of shooting, passing, and dribbling while incorporating "live" game situations. Skills emphasized are plays, fastbreaks, and a general emphasis on offense and defense. Every participant will get to use their own ball to ensure consistent participation. Please bring a lunch.

Time: 9:00am - 3:00pm
Dates: **Week 8, August 6 - 10**
Ages: 7 - 13 years
Location: CVRC Gymnasium
Fee: \$150

NEW!

FLAG-FOOTBALL CAMP

An instructional camp where children will learn the progressive fundamentals of catching, throwing, passing, and play schemes. Skills emphasized will include 1st-4th Down simulations and "Live Game Situations". Position placement and set-up of the player will be incorporated with a general emphasis of offense and defense. Participants will learn also learn the technique of grabbing the flag and the importance of safety. Every participant will get to use their own ball to ensure consistent participation. Please bring a lunch.

Time: 9:00am - 3:00pm
Dates: **Week 7, July 30 - August 3**
Ages: 7 - 13 years
Location: Carmel Creek Park
Fee: \$150

NEW!

BASEBALL CAMP

Be a part of it! Baseball philosophy is provided from coaches who have competed competitively at the college level. Experience has also been gained through teammates who are now playing in Major League Baseball. This will be an instructional camp where children will learn the progressive fundamentals of batting, catching, throwing, and running the bases. Skills emphasized will include proper technique and form. The child's batting swing will be developed further. Every participant will get to use their own baseball and glove to ensure consistent participation. Please bring a lunch.

Time: 9:00am - 3:00pm
Dates: **Week 6, July 23 - 27**
Ages: 7 - 13 years
Location: Carmel Creek Park
Fee: \$150



To register for Kid City camps download a mail-in registration form at www.peeweesports.net
Contact: Mark Moncey
Phone: (858) 344-2557
Email: director@peeweesports.net

DMCV SHARKS SOCCER

SOCCER CAMP

Led by Tommy Maurer, Director of Recreational Coaching, the Del Mar Carmel Valley Sharks camps are for boys and girls ages 5 through 12. The game is presented to suit the imagination of the young player through circuit training which focuses on soccer skills such as dribbling, passing, trapping, shooting, and heading. These skills are presented in a fun and highly motivating environment by the Sharks professional coaching staff. Goalie training is available each day as well.

Days: Monday - Friday
Time: 9:00am - 12:00pm (8:30am drop off)
Dates: **Week 4, July 9 - July 13**
Week 6, July 23 - July 27
Week 7, July 30 - August 3
Week 8, August 6 - 10
Week 9, August 13 - 17
Week 10, August 20 - 24

Ages: 5 - 12 years
Location: Torrey Hills Park
Fee: \$165
Bring: Cleats, shin guards, water, snacks and sunscreen
Staff to Camper Ratio: 1:10



To register for Sharks Soccer camps go to our website and click on Camps.
Internet: www.dmcvsharks.com

The businesses listed on this page rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business. Please contact them directly for registration and all other program inquires.

CAMP SCIENCE SAFARI

CAMP KINDER SAFARI

Camp involves your choice of science curriculum, daily sports lessons, arts & crafts, water activities, "game zone" arcade time and more! Every Friday finishes with a family "Safari Carnival"...games, crafts, jumpies, food and fun for the entire family!

Days/Time: 9:00am - 1:00pm (Monday - Thursday)
9:00am - 5:00pm (Friday)

Dates: **Week 5, July 16 - 20** - *Dynamic Dinosaurs*
Week 8, August 6 - 10 - *Shark Encounter*
Week 9, August 13 - 17 - *Pirate Treasure*

Ages: 4 - 5 years

Location: Ashley Falls Park

Fee: \$205

Bring: Wear bathing suit under comfortable clothing, backpack with towel and lunch daily, apply sunblock before camp begins.

Provided: Daily cold drinks, take home projects, "Safari Carnival" for entire family every Friday and camp gift bag!

Staff to Camper Ratio: 1:6



CAMP SCIENCE SAFARI

Camp involves your choice of science curriculum, daily sports lessons, arts & crafts, water activities, "game zone" arcade time and more! Every Friday finishes with a family "Safari Carnival"...games, crafts, jumpies, food and fun for the entire family!

Days/Time: 9:00am - 3:00pm (Monday - Thursday)
9:00am - 5:00pm (Friday)

Dates: **Week 5, July 16 - 20**
- *Dynamic Dinosaurs, Pirate Treasure & Emergency Medicine*
Week 8, August 6 - 10
- *Mysteries of Egypt & Shark Encounter*
Week 9, August 13 - 17
- *Dynamic Dinosaurs, Pirate Treasure & Emergency Medicine*

Ages: 6 - 11 years

Location: Ashley Falls Park

Fee: \$245

Bring: Wear bathing suit under comfortable clothing, backpack with towel and lunch daily, apply sunblock before camp begins.

Provided: Daily cold drinks, take home projects, "Safari Carnival" for entire family every Friday and camp gift bag!

Staff to Camper Ratio: 1:7

Dynamic Dinosaurs (Paleontology)

Campers spend the week as paleontologists while unearthing replica dinosaur skeletons from individual ten-pound excavation digs!

Pirate Treasure (Marine Archaeology)

Explore the history of pirates and unearth buried treasure from individual pirate island digs with replica jewels, skulls, treasure chests, and more!

Emergency Medicine

Find out what it's like to help save a life! Experience mock-drills and learn hands-on first aid. Meet local medics, ER staff and fire fighters.

Mysteries of Egypt (Archaeology/Egyptology)

Explore archaeology and ancient Egypt while unearthing replica Egyptian artifacts from individual ten-pound excavation digs.

Shark Encounter (Marine Biology)

Campers will discover pre-historic sharks and those that roam the oceans today, while unearthing replica shark teeth and jawbone from their own dig!

For more information or registration materials:

Phone: (858) 675 - 2056

Internet: www.campsciencesafari.com

MALCOLM TOVEY

EURO MULTI-SPORTS CAMP

Malcolm Tovey, former European soccer player and coach, invites you to experience this challenging and fun filled camp! Campers will participate in a variety of unique sports and activities including soccer, speedminton, cricket, team handball, track and field, basketball, field hockey, baseball, capture the flag and more. Rules of the game and individual skill development are taught through small games and drills in a fun filled, positive environment.

Days: Monday - Friday

Time: 9:00am - 12:00pm

Dates: **Week 2, June 25 - 29**

Week 9, August 13 - 17

Ages: 5 - 14 years

Location: Carmel Creek Park

Fee: \$125

Bring: Soccer & training shoes, shin guards, layered athletic clothes, sunscreen, lunch, snacks and water.

Staff to Camper Ratio: 1:10



To register for Euro Multi-Sports camp contact Malcolm Tovey.

Phone: (858) 759 - 1241

Email: malctovey@aol.com

Internet: www.toveysports.com

ONE ON ONE

BASKETBALL CAMP

The One on One staff is dedicated to making this camp a positive educational experience for your child. Activities include informative drills, quality lectures, competitions and games. Through drills and scrimmages, each participant will develop the fundamental individual and team skills that will make them a better, more complete player. Most importantly our goal is to help your child Learn, Get Better and Have Fun.

Days: Monday - Friday

Dates: **Week 1, June 18 - 22**

Week 6, July 23 - 27

Ages/Time/Fee: 5 - 7 years 9:00am - 12:00pm \$100
8 - 12 years 9:00am - 2:00pm \$150

Location: Sage Canyon Park

Bring: Lunch daily. Pizza is provided on Friday.

Staff to Camper Ratio: 1:10



Register for One on One Basketball Camp online at

www.1on1basketball.com

Phone: (760) 607-1603

**Have FUN at camp, but don't forget
about our great Summer Classes!**

Brochure Available: Week of June 4, 2007

Registration Begins: Saturday, June 23, 2007

Summer Session Begins: Week of July 9, 2007

Dates subject to change without notification.