



THE CITY OF SAN DIEGO

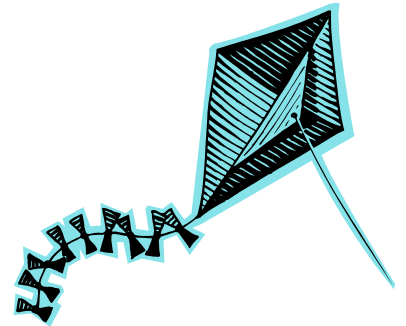
Park & Recreation Department

"We enrich lives through quality parks and programs."

# OCEAN AIR RECREATION CENTER

4770 Fairport Way  
San Diego, Ca 92130

Office: (858) 552-1687 Fax: (858) 847-9907  
[www.sandiego.gov](http://www.sandiego.gov)



# SUMMER ACTIVITY PROGRAM

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, CONDITION (INCLUDING HIV AIDS & AIDS-RELATED COMPLEX) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 221-8903 OR THE OFFICE OF EQUAL OPPORTUNITY, U S DEPARTMENT OF THE INTERIOR, WASHINGTON, D C 20240 THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST

# REGISTRATION INFORMATION

## NEW HOURS OF OPERATION

Effective: April 28, 2012

### Monday & Wednesday

12:00pm - 8:00pm

### Tuesday, Thursday & Friday

1:00pm - 8:00pm

### Saturday

9:00am - 5:00pm

### Sunday

Closed



## HOLIDAY CLOSURES

July 4 - Independence Day

September 3 - Labor Day

## CLASS/CAMP REGISTRATION & PERMITTING HOURS

Monday & Thursday 5:00pm - 7:00pm

Friday 2:30pm - 7:00pm

Saturday 10:00am - 2:00pm

\*All hours are subject to change  
without prior notification.

## CAMP/CLASS REGISTRATION BEGINS:

Monday, June 4, 2012 at 5:00p.m.

## CAMPS/CLASSES

- \* Registration is taken on a first come, first serve, walk in basis. Phone or mail registration is not accepted.
- \* When camps/classes fill to capacity, waiting lists are formed. Camps/classes *may* be expanded to accommodate additional students.
- \* If camps/classes do not meet minimum enrollment (5) they will be cancelled and a **full refund will be issued.**

## PAYMENT POLICY

- \* Payment is required at the time of registration.
- \* **Registration deadline is the second camp meeting.** No registrations will be accepted after the second scheduled camp/class meeting.
- \* Exact CASH or CHECK payable to OARC are the only methods of payment accepted.
- \* **A \$30.00 service fee will be charged for ALL returned checks.**
- \* Class fees are NOT pro-rated/discounted after the beginning of the scheduled session.

## REFUND POLICY

- \* **Refund request forms MUST be submitted PRIOR to the 2nd scheduled camp meeting.**
- \* To obtain a refund, a OARC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt.
- \* All requests take 10 business days to process.
- \* No partial refunds or make-ups for missed classes.

## \* SUMMER \* REGISTRATION DATES

Registration for  
Summer Camps & Classes  
begins **JUNE 4** at 5:00pm

\*\*\*\*\*

Fall Class Program Available  
**MONDAY, AUGUST 6**

## ADULT SPORTS LEAGUES

### MEN'S BASKETBALL LEAGUE

**Tuesday Night - Ocean Air**

Rob Powell, League Director at (858) 829-8007 or  
[www.sandiegobasketball.com](http://www.sandiegobasketball.com)

### BIO - TECH CO-ED SOFTBALL

**Monday - Thursday - Torrey Hills Park**

Pete McNamara - (858) 453-6208

### VAVI - SPORT AND SOCIAL CLUB

**Monday Co-Ed Softball - Ocean Air Park**

Rory Berg (858) 273-3485 - [www.govavi.com](http://www.govavi.com)

### THE SECRET SQUIRREL SOCIETY

**Wednesday Co-Ed Flag Football - Ocean Air Park**

Jon Pistone

Office: (619) 272-8332

[www.secretsquirlsports.com](http://www.secretsquirlsports.com)

# SUMMER CAMPS & CLASSES

## KID'S CREATIVE COOKING CAMP HEALTHY FOOD REVOLUTION



Let's make healthy food fun! Chef/Dietitian Jodie inspires your kids to cook and eat healthy. Join the healthy food revolution. Your child explores new foods and has fun eating their own lunch creations. Join Jodie's camp as we transform the way an entire generation of children approach their diet. When your child creates their own healthy nutritious lunch, it becomes so cool; they can't wait to eat it. Jodie, a Registered Dietitian, MS in Nutrition, leads the creative cooking camp while including outdoor time, crafts, hilarious slide shows, insightful commercial breaks, fun food games, and taste tests with a hidden emphasis on good nutrition.

**Dates:** July 9 - 13 & July 16 - 20  
**Days:** Monday - Friday  
**Time:** 10:00am - 1:00pm (lunch included)  
**Ages:** 1st - 6th grade  
**Fee:** \$205 / week  
**Instructor:** Jodie Block, MS, RD, CDN



## KIDARTS

### DRAWING AND PAINTING CLASS

Introduction to art with focus on developing natural talents and abilities of artistic self-expression. Your child's talents will have a chance to bloom. Students will learn the fundamentals of drawing, mixing colors, painting, exploring various media and materials. Students will develop their creativity through exposure to art and fun-filled activities. Students will be introduced to paintings of famous art masters. Class includes one visit to the art museum. Basic equipment (easels, drawing boards) and some art materials (paper, brushes, charcoal) are provided except for the sketchbook and paints.

**Day:** Monday  
**Ages:** 6 - 12 years old  
**Time:** 3:00 - 4:30pm  
**Session:** June 18 - August 6  
**Fee:** \$112 / 8 weeks \*Minimum 5 students  
**Instructor:** Lech J. Skrzeczkowski



## CAPOEIRA

Come experience this Brazilian Martial Art that blends fight, game and dance into a comprehensive system. Capoeira is an intense workout that involves coordination, balance, body inversion and acrobatics. **Register at Recreation office.**

### YOUTH CLASS

**Day:** Saturday  
**Time:** 12:30pm - 1:30pm  
**Ages:** 4 - 10 years old  
**Introductory Fee:** \$70/ 8 weeks  
**Session:** July 7 - September 1 (No class July 21st)  
**Instructor:** Salim Otero



## "Dance To EvOLvE" CLASSES

**July 14 - August 25**  
**\$104 / 7 weeks**

### SATURDAYS

9:15am: Magical Munchkins  
 10:05am: Tiny Movers  
 11:05am: Star Shiners



### Magical Munchkins (2 - 3 yrs)

A gentle introductory combination class of tap, ballet, tumbling and dance games. This is a perfect transition class between Mommy and Me and the Tiny Movers class. Parents participate as needed.

### Tiny Movers Combo Class (3 - 4 yrs)

A combination class of tap, ballet, tumbling and dance games. This fun, high-energy and creative expressive class will have your *Tiny Mover* learning basic dance skills, creativity, coordination, musicality and rhythm.

### Star Shiners Combo Class (4.5 - 6 yrs)

A combination class of tap and ballet to keep your *Star Shiner* moving. This gentle but structured class will include fun movement allowing your child to express themselves while developing dance, listening, and motor skills.

**"TAKE A FREE TRIAL CLASS!"**

**Director: Brittany White**

**For more information, please visit**

**[www.danceto evolve.com](http://www.danceto evolve.com) or call (858) 876-5327**

PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS



# Coastal Canyon Tang Soo Do KOREAN KARATE

## Child (4+), Youth, Teen, & Adult

### ***FITNESS, SAFETY, FUN – Skills for Life***



#### **TINY TIGER / LITTLE DRAGON**

##### **Class (4 to 7 years)**

Positive, energetic, fun. Focus on safety skills.

**DAY:** Mondays

**TIME:** 5:00-6:00 pm

**DATE:** July 9 - Sep. 10\* **FEE:** 8 classes/ \$88



#### INTERNATIONALLY ACCREDITED

fitness, practical self-defense, traditional martial arts



All instructors accredited with the World Tang Soo Do Association (WTSDA), an international organization 150,000 members strong that fosters life-time training and friendship. For more info, contact K. Goodwin, 4th Dan:

**coastal.canyon.tsd@gmail.com**

**858 356-9535:coastalcanyontsd.org**

#### **The Coastal Canyon Team:**

**>65 years of combined experience to help you reach goals!**

Continuous enrollment and rank advancement available. Any discounting or prorating through instructor, not the Ocean Air Rec Center

**\*No class July 20, Aug 17, Aug 19, Aug 21, Aug 24, Sep 3**

#### **YOUTH Class (8ish & up)**

Enhance coordination, memory, self-control, and fitness. Skills for bullies, strangers & emergencies.

**DAY:** Monday/Wednesday

**TIME:** Beginner 6-7 pm; Intermediate 6-7:30 pm

**DATE:** July 9 - Sep. 12\* **FEE:** 17 classes/\$140



#### **Specialized FAMILY TRAINING**

**Separate classes for Youth & Adults offered simultaneously to maximize your family time!**



#### **TEEN and ADULT (12ish & up)**

**Burn Calories, Reduce Stress, Improve Health, Practical Self Defense. Increase strength, flexibility, and performance at school or work.**

**!!! ONLY \$6 /class !!!**

**DAY:** Monday/Wednesday/Friday

**TIME:** Beginner 6-7 pm; Int./Adv. 6-8 pm

**DATE:** July 9 - Sep. 14\*

**FEE:** 23 classes/\$140

#### **RETURNING TEEN/ADULT\*\* MINI-SESSION**

**M/W: June 18, 20, 25, 27; 6 -7:30PM, \$40**

**\*\*also open to youth orange belt & above**



# YOUTH SUMMER CLASSES

## OPEN MARTIAL ARTS

Open Martial Arts is a freestyle system, which begins with the basic foundations of Shaolin Kempo and incorporates many facets of the Martial Arts world. Students will build on the Kempo foundation with techniques from, Muay Thai kickboxing, Tae Kwon Do, Aikido, Krav Maga, Jiu Jitsu, and wrestling.

Classes will include a heavy emphasis on self-defense, self-confidence and self-control as well as board breaking and weapons defense. Open Martial Arts is for everyone, where you learn at your own level and pace. The belt structure is based closely on Shaolin Kempo and testing is done every 3 months.



**Days:** Tuesdays & Thursdays

**Session :** June 28 - August 28

**Fee:** \$96 / 8 weeks

**Classes On-Going**

**5:30pm - 6:15pm**

**Beginner/Intermediate** (White, Yellow, Orange, orange with Black stripe and Green).

**6:15pm - 7:15pm**

**Intermediate/Advanced** (Purple and up)

### INSTRUCTOR:

Sensei Melita holds a 2<sup>nd</sup> degree black belt in Shaolin Kempo and is a veteran of the United States Army, in which he served as a Special Operations Airborne Ranger. For more information on Sensei Melita, visit [www.Danmelita.com](http://www.Danmelita.com)



## CIVIC DANCE ARTS

Founded in 1942, the Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance.

**CLASS DAY: WEDNESDAY**

**2:00pm - Pre-Tap (Age 4 - 5 )**



**2:45pm - Tap beginner (Age 6 - 17)**

**3:30pm - Jazz Beginner (Ages 6 - 17)**

**4:15pm - Hip Hop (Ages 6- 17)**

**5:00pm - Pre-Ballet (Age 4 - 6 )**

**\*Registration: JUNE 20**

(Register/Pay with instructor on day and time of desired class)

**Fee: \$48 - Payable to City Treasurer**

**Classes Start: June 27 - August 29**

Or register for

**Summer Camps**

July 16 - August 10



Students who were enrolled in the Spring 2012 Semester have priority in these ongoing classes, so classes that are listed as full may indeed have no room. Best to check directly with the instructor during registration week.

**For more information contact the Dance Department at (619) 235-5255 or [www.cividdancearts.org](http://www.cividdancearts.org)**

**PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS**

# YOUTH SUMMER CAMPS

PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS

## "Dance To EvOLvE"

### "CREATIVE EXPLORERS" SUMMER DANCE CAMP

Your little one will explore the world of the arts in dance, music and art. The Creative Explorers Summer Camp begins with a dance class including tap, ballet, tumbling and dance games such as dress-up of the dancing fairies and the dancing bubble machine that takes us to meet Ariel under the sea. Your little creative one will then explore music through singing silly songs and playing all kinds of fun instruments. The day ends with fun and creative art projects that your child will get to display at Friday's mini- show. The Friday mini-show is for families at 11:30am, allowing the Creative Explorers to show off their dancing, music and art creations. Great for Boys and Girls!

**Dates:** July 30 - August 3

**Days:** Monday - Friday

**Time:** 9:00am - 12:00pm

**Ages:** 3 - 6 years old

**Fee:** \$160 / week



\*\*\*\*\*

Teachers are the fun, friendly, and professional EvOLvE teachers that you already know in your child's regular dance class.

**Please bring:**

- Ballet, tap, and regular shoes with your child's name in all pairs of shoes.
- A healthy snack with your child's name on the bag.
- Children are welcome to wear dance or regular clothes.
- A change of clothes is always a good idea!

**Director: Brittany White**

**For more information, please visit  
www.dancetoevolve.com or call (858) 876-5327**

## ROCK 'n TUMBLE

### GYMNASTICS CAMP

Learn to be your healthiest and most fit self by learning gymnastics, the sport of all sports! Skills and progressions will be introduced for the introductory to intermediate gymnast. Students will learn skills on vault, bars, balance beam and trampoline as we focus on technically correct gymnastics while having lots of fun. Gymnasts will be divided into small groups **(7:1 student: teacher ratio)** by age and ability to learn gymnastics. Daily snack and water will be provided along with fun down time activities including group games and fun the days. Students bring a sack lunch Monday - Thursday. **PIZZA** lunch provided on Friday. Dress in comfortable clothing.

#### CAMP I

**Dates:** July 9 - 13

**Days:** Monday - Friday

**Ages:** 3 - 9 years old

**Time:** 9:00am-1:00pm

**Fee:** \$180 / week



\*\*\*\*\*

#### CAMP II

**Dates:** August 6 - 10

**Days:** Monday - Friday

**Ages:** 3 - 9 years old

**Time:** 9:00am - 1:00pm

**Fee:** \$180 / week

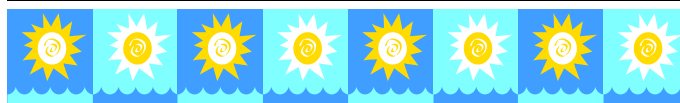


ROCK 'n TUMBLE

**For more information contact**

**Rock 'n Tumble at  
(858) 487-7799 or**

**www.rockntumble.com**



# YOUTH SUMMER CAMPS

THE FOLLOWING CLASSES HAVE ON-LINE REGISTRATION THROUGH THEIR WEB SITES

## LITTLE RASCALZ Soccer 'n' Stuff Summer Camps

Everything your child could want all in a totally action packed Summer camp!

**Days:** Monday - Friday

**Ages:** 3 - 6 years old

**Time:** 9:00am - 12:00pm

**Fee:** \$165 / week



### CAMP DATES

June 25 - June 29

July 9 - July 13

July 23 - July 27

August 6 - August 10

Soccer 'n' Stuff Camps will be a mixture of Soccer & Multi Sports; T-ball, Basketball, Hockey, Lacrosse and Track & field (complete with Olympic style medal ceremony).

Plus lots of other super duper camp like activities. Including water balloon games, T-shirt decorating, animal balloon making and our now famous 'bear hunt'!

**A non refundable \$50 deposit must be made at time of registration (through the website) and balance is due on first day of camp.**

**For more information and registration for classes and camps contact Coach Bethy at 619-309-9626**

**[www.littlerascalzsoccer.com](http://www.littlerascalzsoccer.com)**

## LITTLE RASCALZ

NON-COMPETITIVE SOCCER CLASSES



### LITTLE RASCALZ SOCCER

Classes are unique. There is no substitution to this program and our highly effective methods. Our particular style of fun/teaching is completely one of a kind and we back that up with a \*100% money back guarantee!\* Our classes are:

\*Extremely entertaining (for parents too)!

\*Super effective with small class sizes.

\*A high energy experience & great exercise Plus, they of course promote the development of gross motor skills, social interaction, cooperation with peers, direction following etc.

#### SESSION

**July 9th - Aug 24th**



#### \*Mommy 'n' Me

For curious and energetic little ones aged 18 mo - 2½ ish.

#### \*Regular classes

Suitable for the majority of children aged 2½ - 5½ ish.

#### \*Vets classes

Slightly more challenging for children aged 4-6 yrs.

#### Day: Mondays

9:30am - Mommy 'n' Me soccer/sports

10:20am - Regular class

**Fee - \$124.50**

#### Day: Tuesdays

9:30am - Regular class

10:15am - Regular class

3:30pm - Regular class

4:20pm - Vets class

**Fee - \$124.50**

**YEAR ROUND  
ON-GOING  
DATES & FEES  
CHECK WEB SITE  
FOR CURRENT  
CLASSES**

#### Day: Fridays at any of the following times

3:30 / 4:20 or 5:10pm - Regular class

3:30 / 4:20 or 5:10pm - Vets class

3:30 / 4:20 or 5:10pm - Advanced class

**Fee - \$124.50**



**For more information and registration for classes and camps contact Coach Bethy at 619-309-9626**

**[www.littlerascalzsoccer.com](http://www.littlerascalzsoccer.com)**



# MASTER SPORTS CAMPS

## XTREME

### DODGE BALL CAMP

Get ready for one of the most fun games your child will play. Combining dodge ball, capture the flag, hide and go seek and paintball this game is a sure winner. We use soft foam style dodge balls for safety. Camp is held in the gym.

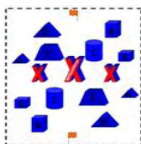
**Dates:** June 18 - 22

**Days:** Monday - Friday

**Ages:** 6 - 13 Beginner (Ages Broken into groups)

**Time:** 9:00am - 12:00pm

**Fee:** \$155 / week



### BASKETBAL CAMP

Campers will be taught the fundamentals of dribbling, layups, passing, shooting, individual and team defense, moving without the ball, triple threat position, rebounding, boxing-out, fast-break, and 2-man offense, setting screens, rules, sportsmanship and much more. Students will scrimmage each afternoon. All summer camp participants receive an Official Master Sports Basketball and Camp T-Shirt! **What to Bring:** Lunch, extra water

**Dates:** June 25 - 29

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 12 years old

**Fee:** \$165 / week



## GAME CHANGER CAMP

With new sports and games each day your child will not want to leave! Basketball, Soccer, Flag Football, baseball, Xtreme Dodgeball, Rally Cart Racing and many more will keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift.

**Dates:** July 9 - July 13

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 13 years old

**Fee:** \$175 / week



### JR. SPORTS CAMP

A great time for all. Participants will play soccer, basketball, tee-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength.

Come and experience the best introduction to sports program you can find. All summer participants experience the best introduction to sports program you can find. All summer camp participants experience the best introduction to sports program you can find. All summer camp participants receive a camp T-Shirt.

**Dates:** July 9 - July 13

**Days:** Monday through Friday

**Time:** 9:00am - 12:00pm

**Ages:** 4 - 6 years old

**Fee:** \$125 / week



**For more information and registration contact Master Sports at (858) 518-1315 or visit [www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**



## MASTER SPORTS CAMPS & CLASSES

### VOLLEYBALL CAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp. Participants will practice fundamentals through a variety of different drills where critiqued by our instructors. All participants receive a Camp T-shirt

**Dates:** July 23 - July 27  
**Days:** Monday - Friday  
**Time:** 9:00am - 12:00pm  
**Ages:** 9 - 13 years old  
**Fee:** \$155 / week



## MASTER SPORTS CLASSES

### SOCCER



**Day:** Thursday  
**Grade:** K - 2 **Time:** 4:00pm - 5:00pm  
**Grade:** 3 - 6 **Time:** 5:00pm - 6:00pm  
**Session:** June 23rd - August 11th  
**Fee:** \$110 / 8 weeks



### VOLLEYBALL

**Day:** Thursday  
**Ages:** 9 - 13 Beginner **Time:** 4:00 - 5:00pm  
**Ages:** 9 - 13 Intermediate **Time:** 5:00 - 6:00pm  
**Session:** June 21st - August 9th  
**Fee:** \$110 / 8 weeks



### JR. SPORTS

**Day:** Saturday  
**Ages:** 3 - 4 years **Time:** 9:00am - 9:50am  
**Ages:** 4 - 5 years **Time:** 10:00am - 10:50am  
**Ages:** 5 - 6 years **Time:** 11:00am - 11:50am  
**Session:** June 23rd - August 11th  
**Fee:** \$110 / 8 weeks



For more information and registration contact  
 Master Sports at (858) 518-1315 or visit  
[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)

## YOUTH SUMMER CAMPS

### ☆ 'Kurtis Swanberg ☆ ALL-STAR BASEBALL & SOFTBALL ACADEMY Summer Camps

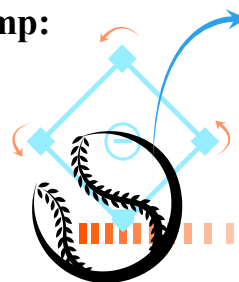
For Boys and Girls 5 -13 years old

**\*Our 20th year in Carmel Valley\***

This camp allows kids to learn the game of baseball and softball while having a great time. Base running, fielding, throwing, hitting, catching of the ball and daily live games. Professional staff, great fun and T-shirts. Plus award trophy for all! Don't miss out on this fantastic experience.

### Enjoy 1-3 Weeks of Camp:

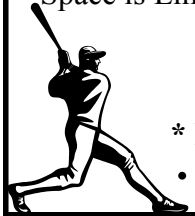
June 25 - 29  
 July 23 - 27  
 August 6 - 10



- \* Better Your Skills
- \* Live Games Daily
- \* T-Shirts for all and trophy at conclusion of camp.
- \* Space is Limited Reserve Your Place Today!

### Major Techniques:

- \* Pitching \* Pick-offs \* Hitting
- \* Fielding \* Base Running \* Bunting
- Fly Balls \* Bag Work and More!



**Days:** Monday - Friday  
**Ages:** 5 - 13 years old

### **Times & Camp Fee:**

**Full Day -** 9:00am - 2:00pm - \$159.00  
**Half Day -** 9:00am - 11:30am - \$119.00

**\*Ask for group rate and early drop offs**

For more information and registration  
 for camps contact Coach Kurtis at  
 858-342-5931  
[www.allstarbaseballsoftball.com](http://www.allstarbaseballsoftball.com)

# YOUTH SUMMER CAMPS

PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS

## INCREDIFLIX CAMP

Welcome! IncrediFlix is dedicated to creating fun and safe camps for students interested in making movies. We aid the participant in building self-confidence and learning to express themselves in an artistic way that brings imagination and creativity to life. Students receive their movie on DVD to enjoy their experience for a lifetime.



**Days:** Monday - Friday  
**Ages:** 7 - 13 years old  
**Time:** 1:00pm - 4:00pm  
**Fee:** \$180 / week  
Minimum students (6)  
Maximum (24)



## ANIMATION FLIX

**July 30 - August 3**

Join us for the ultimate in animation creation. Each day you'll make a new movie, with different styles of stop-motion animation. Clay stars may explode, or your favorite toy may even come to life! This is the ultimate arts and crafts camp where you will create, direct, and film in age appropriate groups.

## CARTOON FLIX

**August 20 - August 24**

Your characters can fly over mountain tops, destroy cities or swim the deepest oceans! In age appropriate groups, you'll make a paper animated flick where you get to create your own character, build backgrounds, shoot your movie and provide the voice for your character.

**FOR MORE INFO: [www.incrediflix.com](http://www.incrediflix.com)**

## ENRICHMENT CAMP

### PUBLIC SPEAKING FOR KIDS

Public speaking is a valuable life skill that will benefit your child throughout their academic and professional careers. Yet, many people shy away from learning this critical ability. The course objectives are to learn how to organize a speech, give a polished speech, and gain self-confidence. The topics covered include: speech structure, vocal variety, vocal projection, eye contact, movement about the stage, hand gestures, and facial expression.

**Date:** July 9 - 13  
**Ages:** 4th - 8th grade  
**Time:** 1:00pm - 3:00pm  
**Fee:** \$175 / week  
Minimum students (8)



### FUTURE MILLIONAIRES

Parents do not always think about preparing their children to understand money and how to save or use it responsibly. Yet these are valuable life skills that are best taught early. In this class, students will be introduced at a basic level to personal finance concepts such as goal setting & decision making, income & expenses, planning & budgeting, saving & banking, credit & borrowing, investing, and taxes & insurance. Through interactive classroom exercises, these normally dry subjects will be made interesting.

**Date:** July 9 - 13  
**Ages:** 4th - 8th grade  
**Time:** 3:10pm - 5:10pm  
**Fee:** \$175 / week  
Minimum students (8)

**Instructor:**

**Henry Herz has given professional presentations for over 20 years. He has an Advanced Toastmaster Bronze certification.**



## YOUTH ENRICHMENT CAMP

### FUNDAMENTALS OF ELECTRONIC CIRCUIT DESIGN

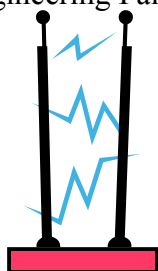


Students will learn and explore electronics concepts applying basic Math and Physics fundamentals. In this class students will be learning principles behind basic electronic components like conductors, insulators, Switches, DC motors, Lamps, Resistors, Capacitors, RELAYs, Microphone, Speakers, Coils, Transformers, Diodes and Transistors. Students will put their fraction and decimal expertise at work by designing working circuits using Ohm's and Kirchhoff's laws.

Students will build, test, and analyze 5-10 series, parallel circuits like motion detector, water detector, door monitor, street light control, voice control, time control, Morse code generator, logical circuits, amplifier, oscillators, AM radio Transmitter and AM radio receiver using actual components and AA batteries on a kid friendly base Grid. At the end of this course potential future engineers will draw circuit schematics like electronic engineers, will learn to use multi-meters and will be motivated to play with electronic circuits and give a rest to their TVs and Video games.

**INSTRUCTOR:** Mrs. Roy who holds Masters in Communications System Engineering has worked as a Senior Principal VLSI Design Engineer for 16 years and designed ICs for GSM phones, iPhone, and Wii's. Mrs. Roy volunteers as a Judge in Greater San Diego Science and Engineering Fair.

**Dates:** June 18 - 22  
**Days:** Monday - Friday  
**Time:** 9:30am - 12:00pm  
**Ages:** 9 - 13 years old  
**Fee:** \$225 / week



**\*Register for this camp at the recreation center office during permitting hours**

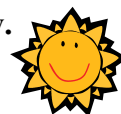
## SPECIALTY CAMP

### San Diego Rhythmic Gymnastics Academy



If your child enjoys playing with a ball or dancing with a ribbon she or he probably will like Rhythmic Gymnastics Camp. The camp offers different activities like gymnastics, dance, ballet, track and field, and others. A child will learn how to work with a ribbon, ball, hoop, rope, and rhythmic gymnastics clubs. Our camp offers the best all-around physical education compliment to any young child's physique and development.

**Your child needs to wear a gymnastics outfit and bring 2 snacks and two bottles of water per day.**



#### CAMP I

**Dates:** August 13 - 17  
**Days:** Monday - Friday  
**Ages:** 6 - 15 years old  
**Time:** 9:00am-3:00pm  
**Fee:** \$300 / week

#### CAMP II

**Dates:** August 20 - 24  
**Days:** Monday - Friday  
**Ages:** 6 - 15 years old  
**Time:** 9:00am - 3:00pm  
**Fee:** \$300 / week



**TO REGISTER FOR THIS CLASS PLEASE  
CONTACT US AT (619) 852-7439  
OR VISIT THE SDRGA WEBSITE AT:**

**[www.sandiegorrhythmicgymnastics.com](http://www.sandiegorrhythmicgymnastics.com)**



San Diego Rhythmic Gymnastics Academy  
Designed to develop rhythmic gymnastics champions



# SPECIAL EVENTS

OCEAN AIR RECREATION COUNCIL  
PROUDLY PRESENTS:



3rd Annual

## SUMMER KICK-OFF PARTY

Sunday, June 10  
12:00pm – 4:00pm  
(Ocean Air Park)

“Bring the family and enjoy  
a day in the park”



Special Appearance by  
Kids Music Group



1:30pm



Food / Entertainment /  
Bounce Houses /  
Exciting Demonstrations from  
the Recreation Center  
Summer Programs. Fun for all!



For more information please call  
(858) 552-1687

OCEAN AIR RECREATION COUNCIL  
PROUDLY PRESENTS:



2nd Annual

## MOVIES IN THE PARK



Friday, July 27  
“Adventures of Tin Tin”

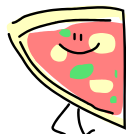
Ocean Air Park - 4770 Fairport Way  
6pm - Movie starts at Dusk

\*\*\*\*\*

Friday, August 10  
“Spy Kids 4”



Sage Canyon  
Neighborhood Park  
5252 Harvest Run Drive



6pm - Movie starts at Dusk

\*\*\*\*\*

Bring a picnic basket and  
relax with your family,  
friends and neighbors.



Movie's on Us!



Snack and Beverages  
will be available for sale...

For more information please call  
(858) 552-1687