



THE CITY OF SAN DIEGO

Park & Recreation Department

"We enrich lives through quality parks and programs."

# OCEAN AIR RECREATION CENTER

4770 Fairport Way

San Diego, Ca 92130

Office: (858) 552-1687 Fax: (858) 847-9907

[www.sandiego.gov](http://www.sandiego.gov)



2012

# SUMMER CAMPS

# REGISTRATION INFORMATION

## NEW HOURS OF OPERATION

Effective: April 28, 2012

### Monday & Wednesday

12:00pm - 8:00pm

### Tuesday, Thursday & Friday

1:00pm - 8:00pm

### Saturday

9:00am - 5:00pm

### Sunday

Closed



## HOLIDAY CLOSURES

May 28 - Memorial Day

July 4 - Independence Day

September 3 - Labor Day

## CLASS REGISTRATION & PERMITTING HOURS

Monday & Thursday 5:00 - 7:30pm

Friday 2:30pm - 7:00pm

Saturday 10:00am - 4:00pm

\*All hours are subject to change without prior notification.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 221-8903 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

PRINTED ON RECYCLED PAPER.

## CAMP REGISTRATION BEGINS:

Monday, June 4, 2012 at 5:00p.m.

## CAMPS

- \* Registration is taken on a first come, first serve, walk in basis. Phone or mail registration is not accepted.
- \* When camps fill to capacity, waiting lists are formed. Camps *may* be expanded to accomodate additional students.
- \* If camps do not meet minimum enrollment (5) they will be cancelled and a **full refund will be issued.**

## PAYMENT POLICY

- \* Payment is required at the time of registration.
- \* **Registration deadline is the second camp meeting.** No registrations will be accepted after the second scheduled camp meeting.
- \* Exact CASH or CHECK payable to OARC are the only methods of payment accepted.
- \* **A \$30.00 service fee will be charged for ALL returned checks.**
- \* Class fees are NOT pro-rated/discounted after the beginning of the scheduled session.

## REFUND POLICY

- \* **Refund request forms MUST be submitted PRIOR to the 2nd scheduled camp meeting.**
- \* To obtain a refund, a OARC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt.
- \* All requests take 10 business days to process.
- \* No partial refunds or make-ups for missed classes.

## \* SUMMER \* REGISTRATION DATES

Ocean Air Summer Activity  
Program available  
**Tuesday, May 25**

Registration for  
Summer Camps & Classes  
begins **JUNE 4** at 5:00pm

# YOUTH SUMMER CAMPS

## KID'S CREATIVE COOKING CAMP HEALTHY FOOD REVOLUTION



Let's make healthy food fun! Chef/Dietitian Jodie inspires your kids to cook and eat healthy. Join the healthy food revolution. Your child explores new foods and has fun eating their own lunch creations. Join Jodie's camp as we transform the way an entire generation of children approach their diet. When your child creates their own healthy nutritious lunch, it becomes so cool; they can't wait to eat it. Jodie, a Registered Dietitian, MS in Nutrition, leads the creative cooking camp while including outdoor time, crafts, hilarious slide shows, insightful commercial breaks, fun food games, and taste tests with a hidden emphasis on good nutrition.

**Dates:** July 9 - 13

**Days:** Monday - Friday

**Time:** 10:00am - 1:00pm (lunch included)

**Ages:** 1st - 6th grade

**Fee:** \$205 / week

**Instructor:** Jodie Block, MS, RD, CDN

**\*Register at recreation center office**



## VOLLEYBALL CAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp.

Participants will practice fundamentals through a variety of different drills where critiqued by our instructors. All participants receive a Camp T-shirt



**Dates:** July 23 - July 27

**Days:** Monday - Friday

**Time:** 9:00am - 12:00pm

**Ages:** 9 - 13 years old

**Fee:** \$155 / week

**\*Register for this class at**

**www.MASTERyourSPORTS.com**



## FUNDAMENTALS OF ELECTRONIC CIRCUIT DESIGN



Students will learn and explore electronics concepts applying basic Math and Physics fundamentals. In this class students will be learning principles behind basic electronic components like conductors, insulators, Switches, DC motors, Lamps, Resistors, Capacitors, RELAYs, Microphone, Speakers, Coils, Transformers, Diodes and Transistors. Students will put their fraction and decimal expertise at work by designing working circuits using Ohm's and Kirchhoff's laws.

Students will build, test, and analyze 5-10 series, parallel circuits like motion detector, water detector, door monitor, street light control, voice control, time control, Morse code generator, logical circuits, amplifier, oscillators, AM radio Transmitter and AM radio receiver using actual components and AA batteries on a kid friendly base Grid. At the end of the this course potential future engineers will draw circuit schematics like electronic engineers, will learn to use multi-meters and will be motivated to play with electronic circuits and give a rest to their TVs and Video games.

**INSTRUCTOR:** Mrs. Roy who holds Masters in Communications System Engineering has worked as a Senior Principal VLSI Design Engineer for 16 years and designed ICs for GSM phones, iPhone, and Wii's. Mrs. Roy volunteers as a Judge in Greater San Diego Science and Engineering Fair.

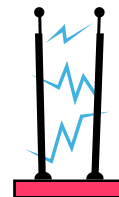
**Dates:** June 18 - 22

**Days:** Monday - Friday

**Time:** 9:30am - 12:00pm

**Ages:** 9 - 13 years old

**Fee:** \$225 / week



**\*Register at recreation center office**

# YOUTH SUMMER CAMPS

PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS

## "Dance To EvOLvE" "CREATIVE EXPLORERS" TINY TOT SUMMER DANCE CAMP

Your little one will explore the world of the arts in dance, music and art. The Creative Explorers Summer Camp begins with a dance class including tap, ballet, tumbling and dance games such as dress-up of the dancing fairies and the dancing bubble machine that takes us to meet Ariel under the sea. Your little creative one will then explore music through singing silly songs and playing all kinds of fun instruments. The day ends with fun and creative art projects that your child will get to display at Friday's mini- show. The Friday mini-show is for families at 11:30am, allowing the Creative Explorers to show off their dancing, music and art creations. Great for Boys and Girls!

**Dates:** July 30 - August 3

**Days:** Monday - Friday

**Time:** 9:00am - 12:00pm

**Ages:** 3 - 6 years old

**Fee:** \$160 / week



\$15 Rebate if also registered for our summer session OR for second sibling.

(Because the front desk does not pro-rate, this rebate will come directly from EvOLvE Dance during camp week after the \$160 has been paid to the front desk.)

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Teachers are the fun, friendly, and professional EvOLvE teachers that you already know in your child's regular dance class.

**Please bring:**

- Ballet, tap, and regular shoes with your child's name in all pairs of shoes.
- A healthy snack with your child's name on the bag.
- Children are welcome to wear dance or regular clothes.
- A change of clothes is always a good idea!

**Director: Brittany White**

**For more information, please visit**

**www.dancetoevolve.com or call (858) 876-5327**

## ROCK 'n TUMBLE

### GYMNASTICS CAMP

Learn to be your healthiest and most fit self by learning gymnastics, the sport of all sports! Skills and progressions will be introduced for the introductory to intermediate gymnast. Students will learn skills on vault, bars, balance beam and trampoline as we focus on technically correct gymnastics while having lots of fun. Gymnasts will be divided into small groups (**7:1 student: teacher ratio**) by age and ability to learn gymnastics. Daily snack and water will be provided along with fun down time activities including group games and fun theme days. Students bring a sack lunch Monday - Thursday. **PIZZA** lunch provided on Friday. Dress in comfortable clothing.

### CAMP I

**Dates:** July 9 - 13

**Days:** Monday - Friday

**Ages:** 3 - 9 years old

**Time:** 9:00am-1:00pm

**Fee:** \$180 / week



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### CAMP II

**Dates:** August 6 - 10

**Days:** Monday - Friday

**Ages:** 3 - 9 years old

**Time:** 9:00am - 1:00pm

**Fee:** \$180 / week

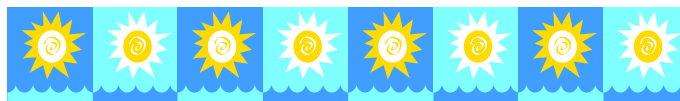


**For more information contact**

**Rock 'n Tumble at**

**(858) 487-7799 or**

**www.rockntumble.com**



PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION.



# MASTER SPORTS CAMPS

## XTREME

### DODGE BALL CAMP

Get ready for one of the most fun games your child will play. Combining dodge ball, capture the flag, hide and go seek and paintball this game is a sure winner. We use soft foam style dodge balls for safety. Camp is held in the gym.

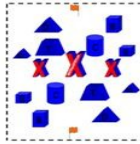
**Dates:** June 18 - 22

**Days:** Monday - Friday

**Ages:** 6 - 13 Beginner (Ages Broken into groups)

**Time:** 9:00am - 12:00pm

**Fee:** \$155 / week



### BASKETBAL CAMP

Camper's will be taught the fundamentals of dribbling, layups, passing, shooting, individual and team defense, moving without the ball, triple threat position, rebounding, boxing-out, fast-break, and 2-man offense, setting screens, rules, sportsmanship and much more. Students will scrimmage each afternoon. All summer camp participants receive an Official Master Sports Basketball and Camp T-Shirt! **What to Bring:** Lunch, extra water

**Dates:** June 25 - 29

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 12 years old

**Fee:** \$175 / week



## GAME CHANGER CAMP

With new sports and games each day your child will not want to leave! Basketball, Soccer, Flag Football, baseball, Xtreme Dodgeball, Rally Cart Racing and many more will keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift.

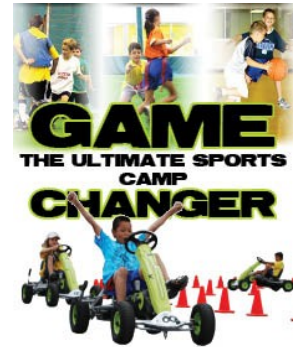
**Dates:** July 9 - July 13

**Days:** Monday - Friday

**Time:** 9:00am - 3:00pm

**Ages:** 6 - 13 years old

**Fee:** \$175 / week



### JR. SPORTS CAMP

A great time for all. Participants will play soccer, basketball, tee-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength.

Come and experience the best introduction to sports program you can find. All summer participants experience the best introduction to sports program you can find. All summer camp participants experience the best introduction to sports program you can find. All summer camp participants receive a camp T-Shirt.

**Dates:** July 9 - July 13

**Days:** Monday through Friday

**Time:** 9:00am - 12:00pm

**Ages:** 4 - 6 years old

**Fee:** \$125 / week



**For more information and registration contact Master Sports at (858) 518-1315 or visit [www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)**

# YOUTH SUMMER CAMPS

THE FOLLOWING CLASSES HAVE ON-LINE REGISTRATION THROUGH THEIR WEB SITES

## LITTLE RASCALZ Soccer 'n' Stuff Summer Camps

Everything your child could want all in a totally action packed Summer camp!

**Days:** Monday - Friday

**Ages:** 3 - 6 years old

**Time:** 9:00am - 12:00pm

**Fee:** \$165 / week



### CAMP DATES

June 25 - June 29

July 9 - July 13

July 23 - July 27

August 6 - August 10

Soccer 'n' Stuff Camps will be a mixture of Soccer & Multi Sports; T-ball, Basketball, Hockey, Lacrosse and Track & field (complete with Olympic style medal ceremony).

Plus lots of other super duper camp like activities. Including water balloon games, T-shirt decorating, animal balloon making and our now famous 'bear hunt'!

**A non refundable \$50 deposit must be made at time of registration (through the website) and balance is due on first day of camp.**

**For more information and registration for classes and camps contact Coach Bethy at 619-309-9626**

**[www.littlerascalsoccer.com](http://www.littlerascalsoccer.com)**



## Kurtis Swanberg ALL-STAR BASEBALL & SOFTBALL ACADEMY



### Summer Camps

**For Boys and Girls 5 -13 years old**

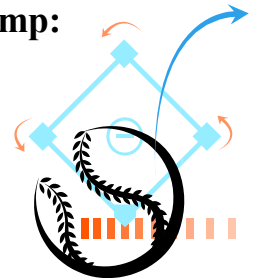
This camp allows kids to learn the game of baseball and softball while having a great time. Base running, fielding, throwing, hitting, catching of the ball and daily live games. Professional staff, great fun and T-shirts. Plus award trophy for all! Don't miss out on this fantastic experience.

### Enjoy 1-3 Weeks of Camp:

June 25 - 29

July 23 - 27

August 6 - 10



- \* Better Your Skills
- \* Live Games Daily
- \* T-Shirts for all and trophy at conclusion of camp.
- \* Space is Limited Reserve Your Place Today!



### Major Techniques:

- \* Pitching \* Pick-offs \* Hitting
- \* Fielding \* Base Running \* Bunting
- \* Fly Balls \* Bag Work and More!

**Days:** Monday - Friday

**Ages:** 5 - 13 years old

**Times & Camp Fee:**

**Full Day - 9:00am - 2:00pm - \$159.00**

**Half Day - 9:00am - 11:30am - \$119.00**

**\*Ask for group rate and early drop offs**

**For more information and registration for camps contact Coach Kurtis at 858-342-5931**

**[www.allstarbaseballsoftball.com](http://www.allstarbaseballsoftball.com)**

