



THE CITY OF SAN DIEGO

Park & Recreation Department

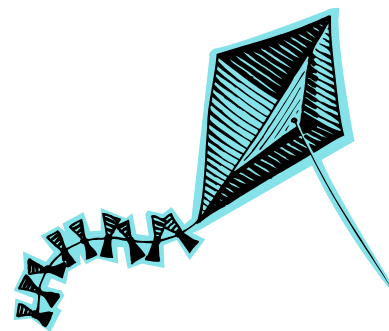
"We enrich lives through quality parks and programs."

OCEAN AIR RECREATION CENTER

4770 Fairport Way
San Diego, Ca 92130

Office: (858) 552-1687 Fax: (858) 847-9907

www.sandiego.gov



SUMMER PROGRAM

SUMMER REGISTRATION DATES

Registration for Summer Camps begins May 11, 2013 at 10:00am

Registration for Summer Classes begins May 18, 2013

REGISTRATION INFORMATION

HOURS OF OPERATION

Monday & Wednesday

12:00pm - 8:00pm



Tuesday, Thursday & Friday

1:00pm - 8:00pm

Saturday

9:00am - 5:00pm

Sunday

Closed



HOLIDAY CLOSURES

May 27th - Memorial Day

July 4th - Independence Day

September 2nd - Labor Day

CLASS/CAMP REGISTRATION & PERMITTING HOURS

Tuesday & Thursday 4:30pm - 7:00pm

Friday 2:00pm - 7:00pm

Saturday 10:00am - 2:00pm

*All hours are subject to change without prior notification.

**Fee/Surcharge waiver & Scholarships
Available**

Ask staff for more information.

CAMP REGISTRATION

BEGINS:

Saturday, May 11, 2013 at 10:00a.m.

CAMP REGISTRATION

BEGINS:

Saturday, May 18, 2013 at 10:00a.m.

CAMPS/CLASSES

- * Registration is taken on a first come, first serve, walk in basis. Phone or mail registration is not accepted.
- * When camps/classes fill to capacity, waiting lists are formed. Camps/classes *may* be expanded to accommodate additional students.
- * If camps/classes do not meet minimum enrollment (5) they will be cancelled and a **full refund will be issued.**

PAYMENT POLICY

- * Payment is required at the time of registration.
- * **Registration deadline is the second camp meeting.** No registrations will be accepted after the second scheduled camp/class meeting.
- * Exact CASH or CHECK payable to OARC are the only methods of payment accepted.
- * **A \$30.00 service fee will be charged for ALL returned checks.**
- * Class fees are NOT pro-rated/discounted after the beginning of the scheduled session.

REFUND POLICY

- * **Refund request forms MUST be submitted PRIOR to the 1st scheduled camp meeting.**
- * To obtain a refund, a OARC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt.
- * All requests take 10 business days to process.
- * No partial refunds or make-ups for missed classes.

FALL REGISTRATION DATES

The Fall activity program will be available
Monday, August 12, 2013

Registration for Fall Classes begins
Saturday, August 17, 2013 With most classes starting **September 9, 2013**

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 221-8903 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

SUMMER CAMPS

Dance To EvOLvE "CREATIVE EXPLORERS" SUMMER DANCE CAMP

Your little one will explore the world of the arts in dance, music and art. The Creative Explorers Summer Camp begins with a dance class including tap, ballet, tumbling and dance games such as dress-up of the dancing fairies and the dancing bubble machine that takes us to meet Ariel under the sea. Your little creative one will then explore music through singing silly songs and playing all kinds of fun instruments. The day ends with fun and creative art projects that your child will get to display Friday. The Friday mini-show is for families at 11:30AM allowing the Creative Explorer's to show off their dancing, music and art creations. Great for Boys and Girls!

Date: July 22 - July 26
Time: 9:00am - 12:00pm
Ages: 3 - 6 years old
Fee: \$160



Register for a 2nd EvOLvE kid's summer camp within the same family and receive a 20% REBATE.

(A sibling or a dancer registered in a 2nd camp.) Please note that you will need to register and pay in full for both camps through the applicable site*, then just let EvOLvE know and we will send you a rebate check during the week of the second dance summer camp.

Teachers are the fun, friendly, and professional EvOLvE teachers that you already know in your child's regular dance class.

Please bring:

- Ballet, tap, and regular shoes with your child's name in all pairs of shoes. (Although not required)
- A healthy snack with your child's name on the bag.
- Children are welcome to wear dance or regular clothes.
- A change of clothes is always a good idea!

Director: Brittany White

**For more information, please visit
www.dancetoevolve.com or call (858) 876-5327**

ROCK 'n TUMBLE

GYMNASTICS CAMP

Learn to be your healthiest and most fit self by learning gymnastics...the sport of all sports! Skills and progressions will be introduced for the introductory - intermediate gymnast. Students will learn skills on vault, bars, balance beam and trampoline as we focus on technically correct gymnastics, while having lots of fun. Gymnasts will be divided into small groups (**7:1 student: teacher ratio**) by age and ability to learn gymnastics. Daily snack and water will be provided along with fun down time activities including group games and fun theme days. Students bring a sack lunch, Monday - Thursday. **PIZZA** lunch provided on Friday. **Dress in comfortable clothing.**

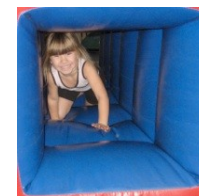
CAMP I

Date: July 8 - 12 (Monday - Friday)
Time: 9:00am-1:00pm
Ages: 3 - 9 years old
Fee: \$180



CAMP II

Date: July 29 - August 1 (Monday - Friday)
Time: 9:00am-1:00pm
Ages: 3 - 9 years old
Fee: \$180



CAMP III

Date: August 5 - August 9 (Monday - Friday)
Time: 9:00am-1:00pm
Ages: 3 - 9 years old
Fee: \$180

Registration and payment taken at the front desk of the recreation center during registration hours
Please call 858-552-1687



**For more information contact
Rock 'n Tumble at
(858) 487-7799 or**



PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS

MASTER SPORTS CAMPS

XTREME DODGE BALL CAMP

Get ready for one of the most fun games your child will play. Combining dodge ball, capture the flag, hide and go seek and paintball this game is a sure winner. We use soft foam style dodge balls for safety. Camp is held in the gym.

Dates: June 17 - 21

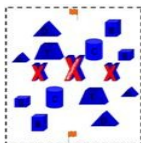
Days: Monday - Friday

Ages: 6 - 13 (Ages Broken into groups)

Time: 9:00am - 12:00pm

Fee: \$155 / week

*** Extended Camp \$175 - 9:00am - 3:00pm**
(Outside Activities after lunch)



BASKETBAL CAMP

Campers will be taught the fundamentals of dribbling, layups, passing, shooting, individual and team defense, moving without the ball, triple threat position, rebounding, boxing-out, fast-break, and 2-man offense, setting screens, rules, sportsmanship and much more. Students will scrimmage each afternoon. All summer camp participants receive an Official Master Sports Basketball and Camp T-Shirt! **What to Bring:** Lunch, extra water.

Dates: June 24 - 28

Days: Monday - Friday

Time: 9:00am - 3:00pm

Ages: 6 - 12 years old

Fee: \$175 / week



GAME CHANGER CAMP

With new sports and games each day your child will not want to leave! Basketball, Soccer, Flag Football, baseball, Xtreme Dodgeball, Rally Cart Racing and many more will keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift.

Dates: July 8 - July 12

Days: Monday - Friday

Time: 9:00am - 3:00pm

Ages: 6 - 13 years old

Fee: \$175 / week



JR. SPORTS CAMP

A great time for all. Participants will play soccer, basketball, tee-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength.

All summer participants experience the best introduction to sports program you can find. All summer camp participants receive a camp T-Shirt.

Dates: July 8 - July 12

Days: Monday through Friday

Time: 9:00am - 12:00pm

Ages: 4 - 6 years old

Fee: \$125 / week



**For more information and registration contact Master Sports
at (858) 945 - 8339 or visit www.MASTERyourSPORTS.com**

MASTER SPORTS CAMPS

VOLLEYBALL CAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp. Participants will practice fundamentals through a variety of different drills where critiqued by our instructors. All participants receive a Camp T-shirt.

Dates: July 22 - July 26
Days: Monday - Friday
Time: 9:00am - 12:00pm
Ages: 9 - 13 years old
Fee: \$155 / week



For more information and registration contact
Master Sports at (858) 945 - 8339 or visit
www.MASTERyourSPORTS.com

KIDS ACT



5-Day Kids Act Camp!

Imagine! Create! Perform! Whether your child is meant to be on stage, or needs a little more confidence speaking in front of their classmates, Kids Act can help motivate, inspire and enrich your child. Students are introduced to improvisational skills through theater games and help to adapt a classic children's story for performance on the last day of camp. (Taught by Aleta Barthell)

Date: June 24 - June 28
Day: Monday - Friday
Time: 10:00am - 12:00pm
Ages: 5 - 8 Years
Fee: \$135 / week

For more information call
(760) 635-3340
www.kids-act.com



***Register for this class at recreation center during posted registration times.**

YOUTH SUMMER CAMPS

LITTLE RASCALZ SOCCER Soccer 'n' Stuff Summer Camps

All the fun that has become synonymous with our weekly classes added together with "even more fun" for our camps.

Ages: 3 - 6 years old
Day: Monday - Friday
Time: 9:00am - 12:00pm
Fee: \$165.00



CAMP DATES

June 17 - June 21
 June 24 - June 28

July 8 - July 12
 July 15 - July 19
 July 22 - July 26



August 5 - August 9
 August 19 - August 23
 August 26 - August 30

All the fun of soccer with an added mix of other sports (T-ball, Hockey, Lacrosse, Track and Field / Olympics etc). Plus lots of other super duper camp like activities. Including water balloon games, T-Shirt decorating, animal balloon making and our now famous 'Bear Hunt and "Pirate Day"!

A non refundable \$50 deposit must be made at time of registration (through the website) and balance is due 7 days before the start of the camp.

For more information and registration for classes
 and camps contact Coach Bethy at
619-309-9626
www.littlerascalzsoccer.com

Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SD Basketball.com rents facility space from the City of San Diego and the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

YOUTH SUMMER CAMPS

THE FOLLOWING CLASSES HAVE ON-LINE REGISTRATION THROUGH THEIR WEB SITES

☆ **Kurtis Swanberg** ☆
**Little Rookies T-Ball &
Pitching Machine School
Summer Camp**

JUNE 24 THROUGH JUNE 28

**TORREY HILLS
NEIGHBORHOOD PARK
4262 Calle Mejillones**

For Boys and Girls 4 -12 years old

Our 21st year in Carmel Valley

This camp allows kids to learn the game of baseball and softball while having a great time. Instruction in: Base running, Fielding, Throwing, Hitting, Catching of the ball; Pitching, Pick-offs, Fielding, Bunting, Fly Balls, Bag Work and More! Daily live games.

Professional staff, great fun and T-shirts. Plus award trophy for all!

Don't miss out on this fantastic experience.

Date: June 24 through June 28
Days: Monday - Friday
Ages: 4 - 12 years old
Times & Camp Fee:
Full Day - 9:00am - 2:30pm - \$175.00
Half Day - 9:00am - 11:30am - \$125.00



***Ask for group rate and early drop offs**

For more information and registration
for camps contact Coach Kurtis at
858-344-7678
www.littlerookiestballschool.com

**San Diego
Rhythmic Gymnastics Academy
Summer Camp**

If your child enjoys playing with a ball or dancing with a ribbon she or he probably will like Rhythmic Gymnastics Camp. The camp offers different activities like gymnastics, dance, ballet, track and field, and others. A child will learn how to work with a ribbon, ball, hoop, rope, and rhythmic gymnastics clubs. Our camp offers the best all-around physical education compliment to any young child's physique and development.

Your child needs to wear a gymnastics outfit and bring 2 snacks and two bottles of water per day.

CAMP I

Dates: July 15 - July 19

Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am-3:00pm

Fee: Recreational Camp - \$155



CAMP II

Dates: August 12 - August 16

Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am - 3:00pm

Fee: Recreational Camp - \$155

CAMP III

Dates: August 19 - August 23

Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am - 3:00pm

Fee: Recreational Camp - \$155

***Advanced camp for level 4 - 10 available.**

Check website - Fee: \$300



For more information and registration
for camps contact SDRGA
at (619) 852-7439
www.sandiegorhythmicgymnastics.com

Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SDBasketball.com rents facility space from the City of San Diego and the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

SUMMER CLASSES

CIVIC DANCE ARTS

Founded in 1942, the Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance.

CLASS DAY: WEDNESDAY

2:00pm - Pre-Tap (Age 4 - 5)

2:45pm - Tap beginner (Age 6 - 17)

3:30pm - Jazz Beginner (Ages 6 - 17)

4:15pm - Hip Hop (Ages 6 - 17)

5:00pm - Pre-Ballet (Age 4 - 6)



***Registration: JUNE 19th**

Register/Pay with instructor on day and time of desired class. Priority will be given to continuing students.

Fee: \$48 - Payable to City Treasurer
Classes Start: June 26 - August 28th

Or register for

Summer Camps at Balboa Park

July 29 - August 2

August 12 - August 16

**For more information contact the
Dance Department at (619) 525-8258 or
www.civicedancearts.org**

CRAFTY MINDS

FREE AFTERSCHOOL PROGRAM

Come check out our free minimum day afterschool program. Kids participate in a variety of recreation activities including crafts, sports, seasonal and cultural programs.

Day: Wednesday

Time: 1:00 - 3:00pm

Ages: 6 - 12 years old

Session: On Going

Fee: Free - A signed parent permission slip is needed.

Instructor: City Recreation Staff



COASTAL CANYON TANG SOO DO KOREAN KARATE

*Fitness, practical self-defense, and
traditional martial arts training for the whole family*

TINY TIGER (4-5 yrs)

Positive, energetic, fun. Focus on safety skills.

Day: Mondays

Time: 5:00-6:00 pm

Session: June 17 - Aug 26 Fee: \$110 / 10 classes

LITTLE DRAGON (6-7 yrs)

Fun and nurturing instruction of martial art and safety skills. Increase coordination and discipline.

Day: Fridays

Time: 5:00-6:00pm

Session: June 21 - Aug 30 Fee: \$100 / 9 classes

YOUTH GUP (8ish and up)

Enhance coordination, memory, self-control, and fitness. Skills for bullies, strangers & emergencies.

Day: Monday & Wednesday

Time: Beginner 6-7 pm; Intermediate 6-7:30 pm

Session: June 17- Sep 4 Fee: \$180 / 20 classes

TEEN & ADULT (12 and up)

Burn Calories, Reduce Stress, Improve Health, Practical Self Defense. Increase strength, flexibility, and performance at school or work.

ONLY \$6/CLASS!

Day: Monday/Wednesday/Friday

Time: Beginner 6-7 pm; Int. 6-7:30 pm; Adv. 6-8 pm

Session: June 17- Sep 4 Fee: \$180 / 29 classes

no class: June 25, 28; Aug 12, 14, 18; Sep 2

"Fitness, Safety, Fun - Skills for Life"

Internationally accredited instructors and ranking. For more info, contact K. Goodwin, 4th Degree Master, 26 years experience.



Sibling and Family Discount available, contact:

coastal.canyon.tsd@gmail.com

(858) 356-9535 www.coastalcanyontsd.org

SUMMER CLASSES

PLEASE REGISTER FOR THESE CLASSES AT THE RECREATION CENTER DURING REGISTRATION HOURS

DANCE TO EvOLvE's

Sizzling Summer 7-Week Switch-Up

We are switching things up this summer with a different and fun summer theme each class. Themes include dancing to bubbles day, dancing beachwear day, a mini summer performance and more! Don't miss out on the sizzling fun!

7-weeks: 7/13 - 8/24 @ \$109



Baby Boppers Hip Hop (2-3 yrs): 9:30
Tiny Movers Tap/ Ballet (3-4 yrs): 10:20
Star Shiners Tap/ Ballet (4.5 - 6 yrs): 11:20

We are wrapping up our summer with EvOLvING Dance Days at Ocean Air Recreation Center on 8/23/13! This will give you a (FREE) sneak peak of our classes, meet our talented teachers and see what the fun is all about!! For more information on our summer events, classes, and camps, call (858) 876-5327 or visit www.dancetoevolve.com!

TAKE A FREE TRIAL CLASS!

Director: Brittany White

For more information, please visit

www.dancetoevolve.com or call (858) 876-5327



ADULT LEAGUES

MEN'S BASKETBALL LEAGUE

Tuesday Night - Ocean Air

Rob Powell, League Director at (858) 829-8007 or www.sandiegobasketball.com

BIO - TECH CO-ED SOFTBALL

Monday, Tuesday, Wednesday Thursday

Torrey Hills Neighborhood Park

Thursday - Ocean Air Recreation Center

Pete McNamara - (858) 453-6208

OPEN MARTIAL ARTS

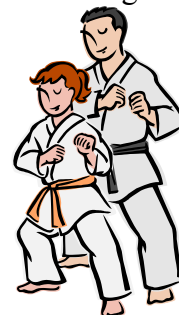
Open Martial Arts is a freestyle system, which begins with the basic foundations of Shaolin Kempo and incorporates many facets of the Martial Arts world. Students will build on the Kempo foundation with techniques from, Muay Thai kickboxing, Tae Kwon Do, Aikido, Krav Maga, Jiu Jitsu, and wrestling.

Classes will include a heavy emphasis on self-defense, self-confidence and self-control as well as board breaking and weapons defense. Open Martial Arts is for everyone, where you learn at your own level and pace. The belt structure is based closely on Shaolin Kempo and testing is done every 3 months.

Days: Tuesdays & Thursdays

Fee: \$96.00 / 8 weeks

Session: July 16 - September 5
Classes On-Going



Level I

5:30 - 6:10pm

Level II

6:15 - 7:00pm

Level III

7:05 - 7:50pm

INSTRUCTORS:



David Delgado - Rucci

Sensei Delgado has been teaching Martial Arts for over 8 years. Sensei Delgado currently holds a first degree black belt and has been certified to teach martial arts through the Cooper Institute.

Dan Melita

Sensei Melita holds a 2nd degree black belt in Shaolin Kempo and is a veteran of the United States Army, in which he served as a Special Operations Airborne Ranger. For more information on Sensei Melita, visit www.Danmelita.com.

SUMMER CLASSES

LITTLE RASCALZ CLASSES



NON-COMPETITIVE SOCCER CLASSES

Classes are unique. There is no substitution to this program and our highly effective methods. Our particular style of fun/teaching is completely one of a kind and we back that up with a *100% money back guarantee!*

Our classes are:

- *Extremely entertaining (for parents too)!
- *Super effective with small class sizes
- *A high energy experience and great exercise. Plus, they promote the development of gross motor skills, social interaction, cooperation with peers, direction following, etc.

***Mommy 'n' Me**

For curious and energetic little ones aged 18 mo - 2½

***Regular classes**

Suitable for the majority of children aged 2½ - 5½

***Vets classes**

Slightly more challenging for children aged 4-6 yrs

***Munchkin classes**

Advanced with competition introduced for 5-6 yrs

Summer Session: July 8th - Aug 23rd (7 weeks)

Fee: \$129.75

Day: Mondays

9:30 - 10:10 - Mommy n me class

10:20 - 11:00 - Regular class

Day: Tuesdays

4:20 - 5:00 - Vets class

5:10 - 5:50 - Regular class

Day: Fridays

3:30 - 4:10 - Regular class

3:30 - 4:10 - Vets class

3:30 - 4:10 - Advanced class

4:20 - 5:00 - Regular class

4:20 - 5:00 - Vets class

4:20 - 5:00 - Academy class

5:10 - 5:50 - Regular class

5:10 - 5:50 - Vets class

5:10 - 5:50 - Advanced class

**YEAR AROUND -
CLASSES
CHECK WEB SITE
FOR CURRENT
CLASSES**



For more information and registration for classes and camps contact Coach Bethy at 619-309-9626
www.littlerascalzsoccer.com

MASTER SPORTS CLASSES



JR. SPORTS

Each session participants will play soccer, basketball, t-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly lots of fun. Participants receive a class T-shirt and sports gift.

Session: July 13 - August 31 (8 weeks)

Day: Saturday

Ages: 3 - 4 years

Time: 9:00 - 9:50am

4 - 5 years

Time: 10:00 - 10:50am

5 - 6 years

Time: 11:00 - 11:50am

Fee: \$115.00

For registration visit

www.MASTERyourSPORTS.com



**Master Sports
CARMEL VALLEY OPEN
TEAM ENTRY**

YOUTH BASKETBALL LEAGUE

Make your own team, pick a name, and play some basketball in two of the most beautiful facilities in San Diego. Ocean Air and Carmel Valley Recreation Centers. Teams are guaranteed eight games.

This league is semi-competitive.

Cost: \$850 per team, includes uniforms

Email: ryan@masteryoursports.com

Individual Players can register for the recreation league.

See website for details or call **(858) 945-8339**

Season Runs late June to the end of August.

Registration deadline is May 19, 2013

Download team registration form at
www.MASTERyourSPORTS.com

SPECIAL EVENTS

Ocean Air Recreation Council
Proudly Presents



3rd ANNUAL SUMMER KICK-OFF PARTY

Sunday, June 9th
12:00 – 4:00pm

Ocean Air Park
4770 Fairport Way

“Bring the family and enjoy
a day in the park”

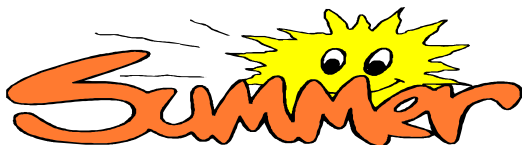


Special Appearance by
Kids Music Group
“Clint Perry and the
Boo Hoo Crew”



Time of performance
“To be Announced”

Food / Entertainment / Bounce
Houses / Exciting Demonstrations
from the Recreation Center
Summer Programs. Fun for all!



For more information please call
(858) 552-1687

Ocean Air Recreation Council
Proudly Presents



3rd ANNUAL MOVIE'S IN THE PARK

Friday, July 26th
Ocean Air Park

4770 Fairport Way

“The Croods”

6pm - Movie starts at Dusk

Friday, August 9th
Sage Canyon

Neighborhood Park

5252 Harvest Run Drive

“Madagascar 3”

6pm - Movie starts at Dusk

Bring a picnic basket and
relax with your family,
friends and neighbors.

Movies on Us!



Snack and Beverages
will be available for sale...

For more information please call
(858) 552-1687