



Carmel Valley Community Park & Recreation Center

3777 Townsgate Drive, San Diego, CA 92130 (858) 552-1616

<http://www.sandiego.gov/park-and-recreation/centers/recctr/carmelvalley.shtml>



GENERAL INFORMATION

HOURS OF OPERATION

Monday/ Wednesday/ Friday
Tuesday/Thursday
Saturday

9:00 AM - 8:00 PM
11:00 AM - 9:00 PM
9:00 AM - 4:00 PM

REGISTRATION HOURS

Tuesdays 10:00 PM - 7:00 PM
Fridays 12:00 PM - 8:00 PM

**Staff will be available to take registration 30 minutes before the first class of each session.

Park Use Permits and Recreation Center Use Permits are taken by appointment only.
Please contact the Center Director at (858)552-1616 to make an appointment.

IMPORTANT CONTACT INFORMATION

Carmel Valley Pool:
(858) 552 - 1623

Carmel Valley Tennis:
(858) 504 - 4181

Recreation Council Information:
www.cvsd.com/CVRecCenter

CLASS REGISTRATION BEGINS MAY 14, 2016 AT 10:00AM

Go to the next page for registration details.

REGISTRATION INFORMATION

Online Registration will be available this season on SDRecConnect.com. Children under 18 must be registered by their parent/legal guardian. **NO EXCEPTIONS!**

REGISTRATION BEGINS:

SATURDAY, May 14, 2016 at 10:00AM

Registration at the Recreation Center will be done on a first come, first serve basis. (Except for Vavi Sports Leagues, Master Sports Programs, & Carmel Valley Tennis)

Historically, only a few classes fill to capacity on the first day of Registration. Register early for best availability. When classes fill to capacity, waiting lists form. Many classes are expanded to accommodate additional students. However, to insure program quality for all participants, no exceptions are made regarding class enrollment sizes. Programs may be cancelled if the minimum enrollment requirement is not met 48 hours prior to the start of the first class. Please register early. All participants must meet age requirements.

PAYMENT POLICY:

- Payment is required at the time of registration.
- Payment methods for registrations taken at the Center are a credit card, EXACT cash or a check payable to CVRC.
- **Online Class registration requires a credit card payment.**
- **The only credit cards accepted are VISA, MasterCard, American Express and Discover. We are unable to accept debit cards.**
- A \$35 fee will be charged for all returned checks.
- **Financial assistance is available. Please submit the application to Recreation Center office one week prior to the start of registration.**
- Class fees are not prorated/discounted after the beginning of the scheduled session.

REFUND POLICY:

This policy applies to programs offered by the Carmel Valley Recreation Council. Sorry, no refunds available for programs with less than 4 class meetings. No partial refunds or make ups for missed classes (i.e. routine illness, vacation or other schedule conflict). Sorry, no exceptions!

If a class is canceled for any reason, you will be notified by email and will receive a full refund. Refund checks will be issued and mailed to the address on the family account.

A \$10 service fee will be charged per registrant for each refund request. Refunds are processed within 10 business days of request. All approved refund requests will be paid via check. This includes credit card transactions. A CVRC Refund Request Form (available at the Recreation Center) and your registration receipt must be submitted at least 48 business hours prior to the second scheduled class meeting.

Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child are unsatisfied, or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for understanding.

If your child has a medical emergency (non regular/routine illness) after registration day and cannot participate in class, please contact CVRC staff as soon as possible. A CVRC Refund Request Form (available at the Recreation Center) must be submitted as soon as possible. Refund or credit will be determined on a case by case basis by the Center Director.

ARE YOU GOING TO REGISTER ONLINE?

Online Registration Activity Numbers are assigned for each class and appear in brackets; go to www.SDRecConnect.com and search using the 5 digit [CODE]



CARMEL VALLEY PARKS

Ashley Falls Park	13030 Ashley Falls Drive
Carmel Creek Park	4260 Carmel Center Road
Carmel Del Mar Park	12345 Carmel Park Drive
Carmel Valley Community Park	3777 Townsgate Drive
Solana Highlands Park	3520 Long Run Drive
Solana Ranch Park	Pacific Highlands Ranch Parkway
Carmel Grove Park	Corner of Carmel Grove & Carmel Creek Rd.
Carmel Knolls Park	4850 Carmel Knolls Dr.
Carmel Mission Park	Corner of Carmel Country & Carmel Mission Rd
Carmel View Park	Corner of Valley Centre Dr. & Carmel View Rd
Torrey Highlands Park	Corner of Del Mar Heights Rd. & Lansdale
Winwood Park	Corner of Carmel Creek Rd. & Paseo Montanas

PARK USE INFORMATION

City of San Diego staff issues Park Use Reservation Permits for the above listed areas including, but not limited to, sports field use, picnic areas, party jumps and special events.

Call for availability and more information. Permits are taken by appointment only. Please contact the Center Director at (858)552-1616 to schedule.

CARMEL VALLEY COMMUNITY PARK

FACILITIES AVAILABLE

The Carmel Valley Community Park and Recreation Center is a City of San Diego Park and Recreation facility and is free and open to the public, during designated hours. Facilities and programs available:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Indoor multipurpose courts | <input checked="" type="checkbox"/> Tennis courts |
| <input checked="" type="checkbox"/> Game room with Table Tennis | <input checked="" type="checkbox"/> Amphitheater |
| <input checked="" type="checkbox"/> Passive picnic areas with barbeques | <input checked="" type="checkbox"/> Two Playgrounds |
| <input checked="" type="checkbox"/> Outdoor basketball courts | <input checked="" type="checkbox"/> Multipurpose fields |
| <input checked="" type="checkbox"/> Outdoor Fitness Stations | <input checked="" type="checkbox"/> Horseshoe pits |

RECREATION COUNCIL:

Carmel Valley Community Park and Recreation Center is a public facility operated by the City of San Diego and the Carmel Valley Recreation Council. The council meets the first Tuesday of each month at 7:00pm at the Recreation Center. Meeting notice and information is posted on the Recreation Center bulletin board.

INDIVIDUALS WITH DISABILITIES:

All classes or programs can accommodate individuals with disabilities. For programs that are sponsored by the Recreation Council or the City of San Diego Park and Recreation Department, Therapeutic Recreation Services will provide inclusion aides as additional assistances along with the contractual program staff. Inclusion aides will be provided only upon availability. Requests for this service must be made at least three weeks prior to the first day of the program. For more information on Therapeutic Services, please call (619)525-8247. Rental programs are required to provide reasonable accommodations for individuals with disabilities. Contact program provider to discuss accommodations.

CONTRACTUAL PROGRAM vs RENTAL PROGRAM:

The Carmel Valley Recreation Center offers a variety of programs for the youth which are provided through the means of two different sources; Contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Carmel Valley Recreation Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program. Contractors must provide Worker's compensation coverage for all their employees.

Requirements for Permit Holders/Rental Programs:

Must provide proof of insurance
Must provide own advertisement for program
Handles all registration for their programs
Rental programs are NOT required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.
Permit Holders/Rental programs are identified with a * triple asterisk in this program**

YOUTH CONTRACTUAL PROGRAMS

TINY TOTS by Hopscotch San Diego

Our Tiny Tots program is designed to help preschoolers (ages 3-5) get ready for "real" school. Miss Kim and the Hopscotch staff offer a well-rounded curriculum that includes art, music, movement, science, language arts, pre-math, and pre-reading.

The Tiny Tots class provides a fun atmosphere for children to socialize with others both indoors and outdoors, learn how to stand in line, participate in circle time, and the list continues! Each three-hour session includes instruction, materials for learning activities, art projects, musical instruments, and healthy snacks.

For details go to: <http://hopscotchsandiego.com/tinytots/>

Ages: 3 - 5 years
Days: Monday, Wednesday, Friday
Times: 9:00 am - 12:00 pm
Location: CVRC Room 2

Minimum enrollment: 10 Maximum enrollment: 20

Session One: [26667]

June 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24
Cost: \$330.00 / 11 classes

Session 2: [26668]

August 1, 3, 5, 8, 10, 12, 15, 17, 19
Cost: \$270 / 9 classes

For more information, please call Kim at (858) 336-0053.

Email: kimbruch@yahoo.com



STORIES IN PERFORMANCE with KIDS ACT!

Kids Act encourages students to manifest their talents and abilities through the joy of creative expression. Students will learn improvisational skills through theater games, adapt a story for performance, paint their own scenery, and perform for family and friends on the last day of class.

Day/Dates: **Saturday July 9 - August 13**
Age/Time: 4 - 6 years 9:30 - 10:30 am [26669]
7 - 11 years 10:30 - 11:30 am [26670]

Cost: \$ 98.00 / 6 weeks

Location: CVRC Room 2

Instructor: Aleta Barthell, Professional Theater Artist and Founder

Minimum enrollment: 4 Maximum enrollment: 12

For more information, contact Aleta Barthell at (760) 846-6072

Email: aletabarthell@gmail.com

Internet: www.kidsactsd.com



KAJUKENBO KARATE/ WUSHU KUNG FU

Come have fun and train hard! Learn a combined martial arts style that includes Karate, Judo/Jiu Jitsu, Kenpo, and Chinese Boxing (Kung Fu). Our goal is to increase self confidence, discipline and awareness of surroundings. Students will focus on multiple aspects of the martial arts which includes physical conditioning, forms (movements involving kicks, punches and blocks), and of course, self defense. Join our family environment and get the Martial Arts Advantage!

Day/ Time: Thursday, 6:00 pm - 7:30 pm
Session 1: June 2-July 7th (no class June 30th) [26671]
Session 2: July 21-Aug 18 [26672]
Ages: 5 and up, all skill levels welcome

Cost: \$75.00 / 5 weeks

Location: CVRC Room 2

Instructor: Mike Shaw, 3rd Degree Black Belt

Minimum enrollment: 3 Maximum enrollment: 25

For more information, please call Mike Shaw at 858-531-2508.

Internet: www.kick411.com

Email: 3shawboys@gmail.com



CHILD AND BABYSITTER SAFETY CLASS

Child and Babysitter Safety class is a community education program for youth ages 11-16, that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children.

Participants receive a booklet and starter first aid kit, and a Babysitter certificate from the American Health & Safety Institute upon completion. Instructor, Sue Lockhart, has been training babysitters in San Diego for 20 years. Group classes can also be scheduled for Girl Scout groups with a special discounted rate. Contact Sue directly at (858) 344-0475.

Day/Date: **Saturday, July 16th** [26673]

Time: 9:30 am - 1:30 pm

Ages: 11 years and up

Cost: \$60.00

Location: CVRC Room 1

Instructor: Sue Lockhart

Minimum enrollment: 3 Maximum enrollment: 20

For more information, Contact Sue at 858-344-0475

Internet: www.lockhart-training.com,

Email: sue@lockhart-training.com

JAPANESE KARATE

Learning Japanese Karate is not only about self defense, it is rather a way of life. In lieu of learning proper Japanese Karate where you will work on physical abilities such as power, speed, agility, skills, flexibility and balance, you will also learn how to improve your emotional and mental well being by learning about respect, discipline, confidence, social manners and how use it all to help others. A new outlook of life is achieved as you develop your physical abilities. This way of living is beneficial to kids, teens and adults.

Session 1: **June 6 - 27**

Session 2: **CANCELED**

Session 3: **August 8 - 29**

Age/Time:		Session 1	Session 2	Session 3
8 - 14 years	Monday 5:00 pm - 6:00 pm	[26677]	CANCELED	[26679]
15 & up	Monday 6:00 pm - 7:30 pm	[26680]	CANCELED	[26682]

Cost: \$72.00 / 4 weeks

Instructor: Alireza Talebzadeh

Location: CVRC Room 2

Minimum: 2 Maximum: 20

For more information, contact Alireza at (858) 405-1465



KIDS NIGHT OUT

Each month CVRC staff members host "Kids Night Out" it's a party for the kids and a night off for parents! The kids enjoy nearly 5 hours of active games, crafts, snacks, dinner, and a movie (rated G or PG). Have a night off and pick your kids up fed and happy. Invite your friends to make it even more fun!

Age: 5 - 12 years
Day/Time: Friday, 5:00 pm - 9:45 pm
Session: **June 10** [26674]
July 8 [26675]
August 12 [26676]

Cost: \$15.00 per child

Instructor: Carmel Valley Recreation Staff

Location: CVRC Room 1

Minimum: 8 Maximum: 18

To register go to: www.sdreconnect.com

For more information, call (858) 552-1616



YOUTH CONTRACTUAL PROGRAMS

ROCK 'n TUMBLE GYMNASTICS

TODDLERS AND PRESCHOOLERS

Pre-Rollers: walkers - up to 36 months (PARENT PARTICIPATION REQUIRED)
Led by our knowledgeable staff, parents accompany the young gymnast as they develop fine & gross motor skills, gymnastics skills as well as rhythm & movement. Our young gymnasts especially love our bubble play and parachute time!

Day/Time: Monday 10:00 am - 10:45am [26683]
Tuesday 10:00 am - 10:45am [26684]

Gym Rollers: 3 - 4 years

Gym Rollers is our teacher led program while parents cheer their gymnast on from the sidelines. Classes are designed to develop beginning gymnastics skills on all of the apparatus while promoting safety and FUN!

Day/Time: Monday 3:30 pm - 4:15 pm [26685]
Monday 4:30 pm - 5:15 pm [26686]
Monday 5:30 pm - 6:15 pm [26687]

SCHOOL AGE PROGRAM

Our school age classes cater to children ages 5-12. Special attention has been given to our non competitive program, to ensure technically correct gymnastics skills are taught in a challenging but fun environment. Using all Olympic event equipment: vault, bars, beam, floor, and trampoline; our talented and experienced instructors will certainly develop your child's strength, flexibility, agility and confidence as a gymnast. Our focus is on Level 1 & 2 skills and routines.

Gym Jumpers: Girls 5 - 7 years

Day/Time: Monday 3:30 pm - 4:30 pm [26688]
Monday 4:30 pm - 5:30 pm [26689]

Gym Jammers: 7 - 12 years

Day/Time: Monday 5:30 pm - 6:30 pm [26690]

Hot Shots! Girls 7 - 12 years by invitation only!

Focus on USA Gymnastics Level 3 & 4 skills and routines.

Day/Time: Monday 5:30 pm - 6:30 pm [26691]

ROCK 'n TUMBLE

Summer Session: June 20/21 - July 25/26 (No Class July 4/5)
Cost: \$83.00 / 5 lessons

*No partial refunds or make ups for missed classes Sorry, no exceptions!
(i.e. routine illness, vacation or other schedule conflict).*

For more information, contact Gym Kids at (858) 487-7799.
Email: mary@rockntumble.com Internet: www.rockntumble.com

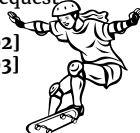
SD Skatelite Skateboard Classes

Come learn to skate at the Carmel Valley Skate Park!

Beginner Class:

This class is designed to help beginner skateboarders build balance, coordination, and confidence on a skateboard. Participants will be introduced to the fundamentals of skateboarding, skateboarding safety, and skate park etiquette. Skate park will be closed to the public to ensure a safe and controlled environment for participants to practice. Skateboard rentals are available upon request. Contact Andrew to reserve a rental prior to the first class.

Session 1: June 4th - July 9th (six classes) [26692]
Session 2: July 23rd - August 27th (six classes) [26693]
Day/Time: Saturday 9:00 - 10:00am
Ages: 5 - 13 years



Intermediate/Advanced Class:

Join us Saturday mornings for our new intermediate skateboarding class! This program is designed to help students develop independent confidence with ledges, stairs, grinds, airs, and flips. Open to participants ages 6-13. Must have at least one year of skateboarding experience.

Session 1: June 4th - July 9th (six classes) [26694]
Session 2: July 23rd - August 27th (six classes) [26695]
Day/Time: Saturday 10:00 - 11:00am
Ages: 6 - 13 years

New Class!

Cost: \$80 Minimum: 4 Maximum: 20
Helmets, elbow pads, and knee pads are required for all students.

For more information, contact Andrew Barbosa at
619-354-7998 or via email: andrew@skskatelife.com

CITY-WIDE ACTIVITIES

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim

30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Eat Fit in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

ActiveNet Code 24791 at www.SDRecConnect.com

For more information: www.sandiego.gov/park-and-recreation

Proudly Presented by:



Official financial partner of the City of San Diego

Carmel Valley: Parks Fit San Diego 2016

Join fellow Carmel Valley residents in the Parks Fit San Diego 2016 challenge.

Challenge: Walk, Run, Roll or Swim 30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!

Registration is FREE!

- Sign up for **Parks Fit: Carmel Valley** using code [26696] at C.V.R.C. or online at SDRecConnect.com
- Receive your log sheet from the Carmel Valley Recreation Center front desk
- Complete and log your 30 miles between June 18 and August 13
- Turn your completed log back in before August 16th
- Receive your free t-shirt

Having a Party in the Park?

If you would like to host a birthday, or other special event in one of the parks in the Carmel Valley area, please contact the staff at the Recreation Center for availability and information.

Carmel Valley Recreation Center
(858) 552-1616



See page 2 for list of parks.

ADULT LEAGUES

SOFTBALL LEAGUES : MEN'S SLOW PITCH

Tuesday Night League - \$620.00 per team
August 9th - November 22nd [26697]

Thursday Night League - \$620.00 per team
August 11th - December 1st [26698]

Register online at: www.SDRecConnect.com
\$15 charge per game for umpire
Games times between 6:10 - 10:10 pm



Minimum: 5 Teams Maximum: 9 Teams
For more information, contact League Director
Pete McNamara at 858-752 9757 or pmcna80@gmail.com

VAVi Sport and Social Club ***

Meet new people, get some exercise and play the sport you love with VAVi Sport & Social! Check out the upcoming leagues at Carmel Valley Rec Center below:

Coed Adult Kickball - Mondays, 6pm-10pm, CVRC Upper Fields

Coed Adult Softball - Wednesdays, 6pm-10pm, CVRC Upper Fields

Coed and Women's Indoor Volleyball - Thursdays, 6pm-10pm, Gym

For more information contact:
info@govavi.com 858-273-3485 GoVAVi.com

ADULT ACTIVITIES

YOGA FOR ALL

YOGA FOR ALL is designed for NEW and INTERMEDIATE LEVEL students, ages 10 and up. It is a class for those who want to practice YOGA in a non-judgmental, welcoming environment. We specialize in students with physical limitations including: back pain, shoulder injuries, and other injuries. Classes combine strength, stretching, and relaxation. All classes are held at the Carmel Valley Recreation Center.

MONDAY 9:00 am - 10:00 pm Outside
Session 1: June 6 - July 18 (no class 7/4) [26699]
Session 2: July 25 - August 29 [26700]

MONDAY 6:30 pm - 7:30 pm Room 1
Session 1: June 6 - July 18 (no class 7/4) [26701]
Session 2: July 25 - August 29 [26702]

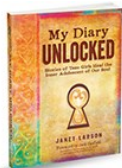
THURSDAY 6:30 pm - 7:30 pm Room 1
Session 1: June 2 - July 7 [26703]
Session 2: July 14 - August 18 [26704]

Ages: 10 and up
Cost: \$60 / 6 classes
For more information, Call Janice at 858-735-6166
or email her at yoga_mom@me.com



Journey Into Your SOULSELF

Do you ever have the thought, "There is something more for me to do and be in life?" Do everyday stressors and to-do lists drain your energy and cloud your sense of personal empowerment? Experience this 7-week circle of women to learn the 5 keys that unlock the barriers to a more mindfully aware, more personally fulfilling and peaceful way of life. Sessions include stories, lessons, and experiential activities to teach you to use a "compass" expressly designed to guide you on your journey. Facilitated by Janet Larson, M.S., using the principles in her award-winning book, My Diary Unlocked, that recording artist Alanis Morissette calls "a greatest hits of wisdom, fueled by empathy and empowerment."



Day/Time: Tuesdays, 6/21 - 8/2 [26705]
6:30 - 8:45 pm; NO class April 5
Women, Age 20 and up
Cost: \$147 (includes book and diary)
Minimum: 3 Maximum: 32
For more information, contact Janet at 858-775-5508
email: janet@mydiaryunlocked.com

ARE YOU GOING TO REGISTER ONLINE?

Online Registration Activity Numbers are assigned for each class and appear in brackets; go to www.SDRecConnect.com and search using the 5 digit [CODE]

Rental Programs

MASTER SPORTS***

REGISTER DIRECTLY WITH MASTER SPORTS
www.MASTERSPORTS.com

Skills Classes - Introduce - Develop - Master
Our classes build self confidence, strength, coordination, skill, knowledge and a love of sport towards a goal of a healthy, fun, athletic lifestyle.

Basketball - Wednesdays, CVRC Gymnasium
Ages: 4 - 12
Volleyball - Mondays, CVRC Gymnasium
Ages: 9 - 13
Soccer - Fridays, CVRC Small Lower Field
Ages: 4 - 12
Jr. Sports - Monday and Tuesday AM, CVRC Small Lower Field
Ages: 2 - 5
Baseball - Wednesdays, CVRC Fields
Ages: 6 - 10
Arena Soccer - Saturdays, CVRC Small Lower Field
Ages: 4 - 9 Coed Cost: \$160
Xtreme Dodgeball - Fridays, CVRC Gymnasium
Grades: 3 - 6
Leagues - Introduce - Develop - Compete
Basketball - Games: Saturdays, CVRC
Grades: 1 - 8
Beginner T-Ball - Saturdays, CVRC Small Lower Field
Ages: 3.5 - 5

For more information, contact: Cara Dawson at (858) 945-4889
Email: service@MASTERSPORTS.com

Master Sports rents facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of this individual business. Please contact them directly for all program inquiries.

LITTLE RASCALZ SOCCER***

REGISTER DIRECTLY WITH LITTLE RASCALZ
www.littlerascalzsoccer.com

NON-COMPETITIVE SOCCER CLASSES FOR CHILDREN UNDER 7
Our classes are unique. There is no substitution to this program and our highly effective methods. Our particular style of fun/teaching is completely one of a kind and we back that up with a 100% money back guarantee. Our classes are extremely entertaining & effective. Our child coach ratio is unparalleled and our class sizes are small.

Ages: 18 months - 7 years old
Location: CVRC Lower Field
For more details and lists of other classes in Carmel Valley
Call (619) 309-9626 or visit www.littlerascalzsoccer.com

Little Rascalz Soccer rents facility space from the City of San Diego and the Carmel Valley Recreation Center to operate its programs. Distributing registration and program information is the responsibility of Little Rascalz. Please contact them directly for all program inquiries.

CARMEL VALLEY TENNIS***

REGISTER DIRECTLY WITH C.V. TENNIS

Tier I/II	Mondays & Wednesdays	3:30 - 5:00 pm
Tier I/II	Mondays & Wednesdays	5:00 - 6:30 pm
Tier III	Tuesdays & Thursdays	3:30 - 5:00 pm
Tier IV & High Performance I	Tuesdays & Thursdays	5:00 - 7:00 pm

IMPORTANT INFORMATION:

- Yearly Junior membership cost : \$25
- You must have an instructor approval for all clinics except Tier I & II
- Drop-in prices apply if space is available
- *\$25 processing fee for all refunds. No refunds once the session has begun. Make-up dates for rain only*

To register, call Carmel Valley Tennis at 858-504-4181
www.carmelvalleytennis.net

ONLINE REGISTRATION INFORMATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.

Log onto: www.SDRecConnect.com



Returning Customers (previously registered for classes online) - Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

First time Online User?

New Accounts - click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow all directions provided to activate account.

***Please Note: (For first time users only) Parents/Guardian must create their account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

If you need help, please click the FAQs (Frequently Asked Questions) button for information.

C.V.R.C Gym Open Play

Carmel Valley Recreation Center offers open indoor play time for basketball, pickleball, volleyball, and badminton on varying days and times each month. All members of the public are welcome. Pickup a schedule at the front desk.

**Times are subject to change with little or no notice*

Ping Pong / Table Tennis

Carmel Valley Recreation Center has a ping-pong table for public use. Available times vary. Call the recreation center about upcoming availability

858-552-1616. Reservations are for a maximum of one hour and can only be made the day of, in person, at the front desk.

**ID is required for equipment rental.*



**ALL CITY OF SAN DIEGO PARKS
AND BEACHES ARE SMOKE FREE.**



Carmel Valley Skate Park

12600 El Camino Real, San Diego, CA 92130
Open Daily: 10AM - Dusk

**Subject to closure in rainy weather*



- * Parent or legal guardian must accompany children under 12 years
- * The only devices allowed in a skate park facility are skateboards, roller-skates, roller-blades, and in-line skates. Any other devices, including but not limited to bicycles, scooters, and motorized vehicles, are unlawful to use in a skate park facility
- * Skaters must be in full safety equipment to enter: Helmets, Elbow and Knee Pads designed for skateboarding
- * Visitors/Spectators not skating are required to remain outside fenced area
- * No smoking, alcohol, food or drink, or glass containers allowed inside the skate park
- * Littering and graffiti are not permitted
- * Unauthorized ramps, jumps or obstacles cannot be used inside or outside the skate park area

SD Park & Recreation

MOVIES IN THE PARK SUMMER 2016

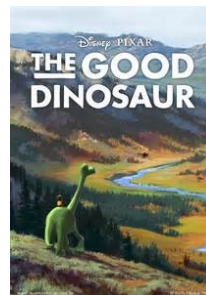
Join C.V.R.C. for movie nights in the Carmel Valley Amphitheater this summer. Shows will be accompanied by games and activities for the whole family.

June 18th: Surf's Up

Starts at 5pm at Carmel Valley Pool



July 16th: The Good Dinosaur



August 20th: Inside Out



Movies in the Park will begin at 5pm and the show will start promptly at dusk.

**All movies are rated G or PG. for any questions/
concerns please contact
Carmel Valley Recreation Center (858) 552-1616
3777 Townsgate Dr. San Diego, CA 92130**

FREE ALL SUMMER!