



Park & Recreation Department

"We enrich lives through quality parks and programs."

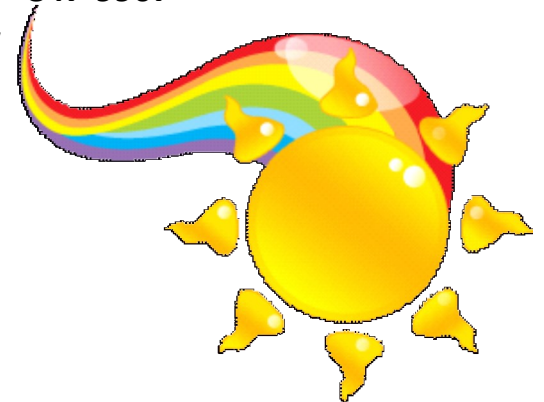
OCEAN AIR RECREATION CENTER

4770 Fairport Way

San Diego, CA 92130

Office: (858) 552-1687 Fax: (858) 847-9907

www.sandiego.gov



2016

SUMMER PROGRAM

SUMMER REGISTRATION

On-Line & Walk-In
Registration for
Summer Camps
begins

March 5, 2016 at 10:00am

* Class registration begins
May 14, 2016 at 10:00am

PARK & FACILITY INFORMATION

On behalf of the Ocean Air Recreation Council, **WELCOME** to your local Recreation Center! We are excited to continue to provide wonderful recreation services and programming to our community.

THE OCEAN AIR RECREATION COUNCIL

This group of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, and equipment. They plan, promote, publicize, and help provide recreation opportunities for citizens in the Ocean Air boundaries. Groups, clubs, and leagues using the parks are encouraged to send a representative to the meeting.

Meetings are open to the public. We encourage and welcome your participation. The Ocean Air Recreation Council meets every 4th Tuesday of each month at 7:00pm at the Ocean Air Recreation Center. If you are interested or have concerns about your neighborhood parks and recreation center, please attend the meetings or join the council. Looking forward to seeing you at Ocean Air.

FACILITIES AVAILABLE

Ocean Air Park and Recreation Center is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor basketball/volleyball/badminton courts
- Two meeting rooms*
- Age appropriate playground
- Passive picnic areas
- Picnic shelters*
- Barbeques
- Lighted Outdoor basketball court*
- Lighted Multi purpose fields*
- Fitness Area
- Trailhead to Carmel Mountain Preserve

*Open to paid reservation, pending availability.



NEIGHBORHOOD PARKS

Torrey Hills 4262 Calle Mejillones
Sage Canyon 5252 Harvest Run Drive

For other neighborhood parks in your area stop by the Recreation office and inquire with staff.

For park use and reservations for the above listed areas including, but not limited to, sports field use, picnic areas, party jumps, and special events, please contact Ocean Air Recreation Center (858) 552 - 1687. Events with 50 or more people **MUST** have a paid permit approved by the Center Director.

HOURS OF OPERATION

Monday, Tuesday & Thursday

11:00am - 8:00pm

Wednesday

9:00am - 9:00pm



Friday

10:00am - 9:00pm

Saturday

8:00am - 6:00pm



Park &
Recreation

Sunday

Closed

HOLIDAY CLOSURES

May 26 - Memorial Day

July 4 - Independence Day

September 1 - Labor Day



OFFICE REGISTRATION HOURS

Tuesday & Wednesday 4:30pm - 7:00pm

Friday 2:00pm - 7:00pm

Saturday 10:00am - 2:00pm

Park Use Permits and Recreation Center Use

Permits are taken by appointment only.

**Please contact the Center Director at
(858) 552-1687 to make an appointment.**

All hours are subject to change without
prior notification.

GENERAL PARK RULES

- No field use during school hours
- No smoking
- No littering
- No golfing
- No glass containers
- No motorized devices
- No remote controlled devices
- Dogs must be on a leash at all times.
- Keep dogs at a safe distance from Playground.
- No overnight camping
- No open camp fires
- No Skateboards, Bikes, Scooters, or Roller Skates around building



REGISTRATION INFORMATION

CAMP REGISTRATION BEGINS:

Saturday, March 5, 2016 at 10:00am

CLASS REGISTRATION BEGINS:

Saturday, May 14, 2016 at 10:00am

MOST PROGRAMS BEGIN: Week of June 13, 2016

UNLESS OTHERWISE NOTED

- * Registration is taken on a first come, first serve, basis. Phone or mail registration is not accepted.
- * When classes fill to capacity, waiting lists are formed. Classes *may* be expanded to accommodate additional students.
- * If classes do not meet minimum enrollment, they will be cancelled and a full refund will be issued.

PAYMENT METHOD

- * Payment is required at the time of registration.
- * Payment methods for registrations taken at the Center are a credit card, EXACT cash or check payable to OARC.
- * Online Class registration requires credit card payment.
- * Credit cards accepted are VISA, MasterCard, American Express and Discover. We do not accept debit cards.
- * A \$12 fee will be charged for all returned checks.
- * Financial assistance is available. Please submit the application to Recreation Center office one week prior to the start of registration.
- * Class fees are not prorated/discounted after the beginning of the scheduled session.

REFUND POLICY

- * Refund request forms **MUST** be submitted PRIOR to the 2nd scheduled class meeting.
- * Refunds for camps and leagues must be submitted PRIOR to the first day/game.
- * To obtain a refund, a OARC Refund Request Form (obtain at office) must be completed and submitted with your pink receipt. No credits to account.
- * All requests take 10 business days to process.
- * No partial refunds or make-ups for missed classes

INDIVIDUALS WITH DISABILITIES

All classes can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide assistance along with Ocean Air contractual staff. Please request this service at least three weeks prior to the first day of the program. For more information on Therapeutic Services call (619) 525-8247.

ONLINE REGISTRATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.



Log onto: www.SDRecConnect.com

Returning Customers (previously registered for classes online)

Click the "My Account" button. Enter your Login (email) and password.
Log in with this password to activate your account.
First-time Online User?

New Accounts – click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to active account.

***Please Note: (For first time users only) Parents/Guardian must create there own account first using there own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

If you need help, please click the FAQs (Frequently Asked Questions) button for information

FALL REGISTRATION DATE

Online viewing of Fall Activities
will be available

Saturday, July 23, 2016

Registration for Fall Classes begins

Saturday, August 20, 2016

With most classes starting September 2

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 235-1133 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

RECREATION CENTER & PARK INFORMATION

GYMNASIUM USAGE

A monthly gym schedule is available at the recreation center for all free play activities. Times are subject to change without prior notification. **Drinks, food, and black soled shoes are prohibited from the gymnasium, no exceptions!**

OPEN BASKETBALL

Free play basketball is available both inside and outside on a first come, first serve basis until full court games are ready to play. See gym schedule for indoor free play hours. All ages are welcome.

OPEN VOLLEYBALL

Participants are required to set-up and break down nets and poles. See gym schedule for indoor free play hours. All ages are welcome.

OPEN BADMINTON & PICKLEBALL

Participants are required to set-up and break down nets and poles. See gym schedule for indoor free play badminton and pickleball hours. All ages are welcome.

No organized play, practice or instruction is allowed in the gymnasium without approved permit.

FIELD USAGE

The Ocean Air and Sage Canyon Joint-Use Fields are a partnership between the City of San Diego and the Del Mar Union School District. The playing fields are closed to public for use 1/2 hour before the start of the school day bell and up until a 1/2 hour after the end of the school day bell. For availability & permitting call the Ocean Air Center Director at (858) 552-1687.



RECYCLE

There are marked recyclable containers throughout the park. Keep the park clean by **RECYCLING!** Please do not overflow the containers.



AED

For patrons in cardiac arrest, an Automated External Defibrillator (AED) inside the Ocean Air Recreation Center lobby.



CONTRACTUAL PROGRAM VS. RENTAL PROGRAM

Ocean Air Recreation Center offers a variety of programs for the youth which are provided through the means of two different sources; Contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Ocean Air Recreation Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be finger-printed through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program. Contractors must provide Worker's compensation coverage for all their employees.

Requirements for Permit Holders/Rental Programs:

Must provide proof of insurance.

Must provide own advertisement for program.

Handles all registration for their programs.

Rental programs are NOT required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

Permit Holders/Rental programs are identified with a *** triple asterisk in this program.

Having a Party in the Park?

If you would like to host a birthday or other special event at Ocean Air, Sage Canyon or Torrey Hills Neighborhood Park contact staff at the Recreation Center at 858-552-1687 for availability and permits.

CARMEL VALLEY***

YOUTH SPORTS ORGANIZATIONS

Carmel Valley Lacrosse: blacklax@att.net

DMCV Sharks: www.dmcvsharks.com

North Shore Girls Softball

www.northshoregirlssoftball.com

San Diego Youth Rugby: www.sandiegoyouthrugby.org

Del Mar Little League: www.dml.org

T. Pines Football & Cheer: www.torreypinespw.com

Bourrisa Del Mar Soccer: www.borussiadelmar.com

YOUTH & FAMILY CLASSES



COASTAL CANYON TANG SOO DO KOREAN KARATE

*Fitness, practical self-defense, and traditional
martial arts training for the whole family*



TINY TIGER (4-5 yrs*)

Positive, energetic, fun.
Focus on safety skills

Day: Monday **Time:** 5:00-6:00pm

Session: Jun 13 - Aug 15 **Fee:** \$110 / 9 classes

ON-LINE REGISTRATION CODE (24346)

LITTLE DRAGON (6-7 yrs*)

Increase coordination and discipline.
Skills for bullies, strangers, and emergencies.

Day: Friday **Time:** 5:00-6:00pm

Session: Jun 17 - Aug 19 **Fee:** \$100 / 8 classes

ON-LINE REGISTRATION CODE (24343)

NOVICE JUNIOR GUP (8-9 yrs*)

Specialized beginner program
(white to green belt) for this age group.

Day: Monday & Friday

Time: 5:00-6:00pm

Session: Jun 3 - Aug 29 **Fee:** \$240/ 23 classes

ON-LINE REGISTRATION CODE (24344)

YOUTH GUP (9-12*)

Enhance self-control, fitness,
strength, and flexibility.

Day: Monday & Wednesday

Time: Beginner 6-7 pm; Intermediate 6-7:30 pm

Session: Jun 1 - Aug 31 **Fee:** \$240/ 26 classes

ON-LINE REGISTRATION CODE (24347)

TEEN & ADULT (13 and up*)

Improve health; enhance performance at work & school.

Day: Monday/Wednesday/Friday

Time: Beginner 6-7 pm; Intermediate 6-7:30 pm;

Session: Jun 1 - Aug 31 **Fee:** \$240 / 37 classes

ON-LINE REGISTRATION CODE (24345)

ADVANCED CLASS

Advanced training for red belts and up.

Day: Monday/Wednesday/Friday/Saturday

Time: 6-8 PM MWF, 10:30-11:30 AM Saturday

Session: Jun 1 - Aug 31 **Fee:** \$280/ 45 classes

ON-LINE REGISTRATION CODE (24342)

*Age may vary according to rank
No class: 6/4; 7/1 - 7/4; 7/9,15,16; 8/6

Fitness, Safety, Fun — Skills for Life
Internationally accredited instructors and ranking

Contact Master Goodwin:

coastal.canyon.tsd@gmail.com 858 356-9535 www.coastal.canyontsd.org



DID YOU KNOW:

The History of Los Peñasquitos Canyon?

The Los Peñasquitos (meaning “little cliffs”) Canyon Preserve is just south of Carmel Mountain Road. Native American presence in the canyon dates back 7,000 years to the prehistoric La Jollan culture! In the early 1800’s a Mexican Captain, Francisco de Maria Ruiz, built an Adobe house, part of which is still standing today.



Learn more at: <http://www.penasquitos.org/>



SUMMER CLASSES/CAMPS

CIVIC DANCE ARTS

Founded in 1942, the award winning Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance.

Tap, Jazz and Pre-Ballet classes for youth (ages 4-17 years) are offered here on Wednesdays. Please contact the Dance Office directly at 619-235-5255 for more information about Summer schedule and activity codes.

Registration:

- Ocean Air will not be hosting Summer Dance classes * Sorry for any inconvenience * Check website for closest Summer dance classes offered.
See you in the Fall.



For more information contact the
Dance Department at (619) 235-5255 or
www.cividdancearts.org

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or
Swim 30 miles between June 18 and
August 13

Reward: Get fit, stay healthy & receive
a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Eat Fit in the Park
Saturday, June 18, 2016 at 8:00am *Free
Morley Field, 2221 Morley Field Drive, San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration
Saturday, August 13, 2016 at 7:30am - \$5 per person
NTC Park, 2455 Cushing Road, San Diego 92106
Registration: www.SDRecConnect.com

*** Enter ActiveNet Code 24791 ***

For more information: www.sandiego.gov/park-and-recreation

Proudly Presented by:



Official financial partner of the City of San Diego

ARTISTS STUDIO CAMP

Children are by nature creative and my job is simply to encourage the natural interest and curiosities that kids display. In this fun and creative themed art camps, children will ignite their imagination, develop concentration, build confidence, develop skills and have fun. Using real artists materials including watercolors, tempera paints, oil pastels, children create masterpieces that are truly unique. Kids bring home a portfolio at the end of each camp.



Time 9am - 12pm

Ages: 5 - 12 years old

Cost: \$187

Location: Ocean Air Meeting Room

Instructor: Anu Gujral

Minimum enrollment 6 Maximum 14

Camp 1 - June 20 - June 24

ON-LINE REGISTRATION CODE (24337)

Camp 2 - July 11 - July 15

ON-LINE REGISTRATION CODE (24338)

Camp 3 - August 1 - August 5

ON-LINE REGISTRATION CODE (24339)

Camp 4 - August 15 - August 19

ON-LINE REGISTRATION CODE (24340)

***Art Materials included in registration fee.**

For more information contact

Anu Gujral 858-386-8923

Email: gujralanu@gmail.com

SUMMER CAMPS

Dance To EvOLvE SUMMER DANCE CAMPS

Dance to EvOLve & Little Rascalz Full Day Camp

This year we have teamed up with Little Rascalz to offer a FULL DAY camp. Soccer in the morning, (9:00 - 12:00), then the kids eat lunch with us and then do a Dance and Arts camp in the afternoon in the cool air conditioned recreation center.



Date: June 27 - July 1

Days: Monday - Friday

Time: 12:30 - 3:30pm

Ages: 3 - 6 years old

Fee: \$170 (for 1/2 day of Dance to EvOLve)

*Soccer Camp registration is separate.

Registration Code (24359)

****For full day camp check out Website:**
www.dancetoevolve.com/san-diego/summer-dance-camps

Beat Breakers Hip Hop Camp

This 1/2 Day Camp will include non-stop energetic hip hop fun, crafts, music and games...this one will definitely have your little one movin' to the beats!

Date: July 18 - 22

Days: Monday - Friday

Time: 9:00 - 12:00pm

Ages: 4 - 7 years old

Fee: \$170

Registration Code (24341)



www.dancetoevolve.com or info@dancetoevolve.com
or call (858) 876-5327

**REGISTER ONLINE OR AT THE
RECREATION CENTER DURING
REGISTRATION HOURS**

ROCK 'n TUMBLE

GYMNASTICS CAMP

Learn to be your healthiest and most fit self by learning gymnastics...the sport of all sports! Skills and progressions will be introduced for the introductory - intermediate gymnast. Students will learn skills on vault, bars, balance beam and trampoline as we focus on technically correct gymnastics, while having lots of fun. Gymnasts will be divided into small groups (**7:1 student: teacher ratio**) by age and ability to learn gymnastics. Daily snack and water will be provided along with fun down time activities including group games and fun theme days. Students bring a sack lunch, Monday - Thursday. **PIZZA** lunch provided on Friday. **Dress in comfortable clothing.**

CAMP I

Date: July 5 - 8 (Tuesday - Friday)

Time: 9:00am-1:00pm

Ages: 3 - 9 years old

Fee: \$150 / week

Registration Code (24355)



CAMP II

Date: August 1 - August 5 (Monday - Friday)

Time: 9:00am-1:00pm

Ages: 3 - 9 years old

Fee: \$185 / week

Registration Code (24356)



CAMP III

Date: August 8 - August 12 (Monday - Friday)

Time: 9:00am-1:00pm

Ages: 3 - 9 years old

Fee: \$185 / week

Registration Code (24357)

For more information contact
Rock 'n Tumble at
(858) 487-7799 or
www.rockntumble.com



***MASTER SPORTS CAMPS

XTREME DODGE BALL CAMP

Get ready for one of the most fun games your child will play. Combining dodge ball, capture the flag, hide and go seek and paintball this game is a sure winner. We use soft foam style dodge balls for safety. Camp is held in the gym.

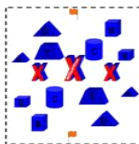
Dates: June 13 - 17

Days: Monday - Friday

Ages: 6 - 12 years old
(Ages broken into groups)

Time: 9:00am - 3:00pm

Fee: \$175 / week



BASKETBAL CAMP

Campers will be taught the fundamentals of dribbling, layups, passing, shooting, individual and team defense, moving without the ball, triple threat position, rebounding, boxing-out, fast-break, and 2-man offense, setting screens, rules, sportsmanship and much more. Students will scrimmage each afternoon. All summer camp participants receive an Official Master Sports Basketball and Camp T-Shirt! **What to Bring:** Lunch, extra water.

Dates: June 27 - July 1
July 18 - July 22

Days: Monday - Friday

Time: 9:00am - 3:00pm

Ages: 6 - 13 years old

Fee: \$175 / week



GAME CHANGER CAMP

With new sports and games each day your child will not want to leave! Basketball, Soccer, Flag Football, baseball, Xtreme Dodge ball, Rally Cart Racing and many more will keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift.

Dates: July 11- 15

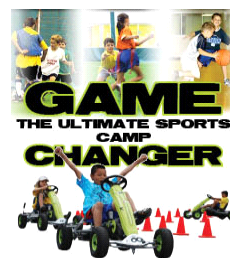
August 8 - 12

Days: Monday - Friday

Time: 9:00am - 3:00pm

Ages: 6 - 12 years old

Fee: \$175 / week



JR. SPORTS CAMP

Where little ones can feel like they are in the Big Leagues! Campers will play Basketball, Soccer, Flag Football, Baseball, Rally Kart Racing and more to keep this camp fast and fun for everyone. All participants receive a camp shirt and sports gift!

Dates: July 11- 15

August 8 - 12

Days: Monday - Friday

Time: 9:00am - 12:00pm

Ages: 4 - 6 years old

Fee: \$125 / week



ARENA SOCCER CAMP

Campers will play in our custom built Soccer Arena Field. The ball never goes out of bounds! Games are played 3v3, 4v4 or 5v5. All participants receive a camp shirt and soccer ball! Groups are broken into ages.

Dates: June 20 - 24

August 22- 26

Days: Monday - Friday

Time: 9:00am - 12:00pm

Ages: 4 - 8 years old

Fee: \$155 / week



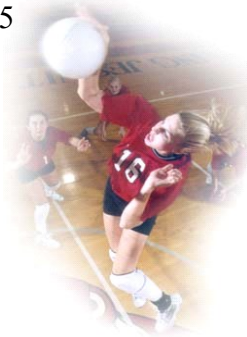
Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SD Basketball rent facility space from the City of San Diego at the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

***MASTER SPORTS CAMPS

VOLLEYBALL CAMP

Passing, serving, setting, attacking, blocking, digging, rotation, sportsmanship and rules will all be covered in this fun camp. Participants will practice fundamentals through a variety of different drills where critiqued by our instructors. All participants receive a Camp T-shirt.

Dates: August 1 - August 5
Days: Monday - Friday
Time: 9:00am - 12:00pm
Ages: 8 - 13 years old
Fee: \$155 / week



FLAG FOOTBALL CAMP

Getting ready for the season? Need to sharpen your skills? Just looking to play some football? Then sign up for this fun camp. Passing, running, catching, blocking, defense, offense & more will be taught in this camp. Incorporated into this camp are unique and fun games that will improve your football skills like Capture the flag and ultimate team ball. Each morning campers will work on speed, agility and strength training through plyometrics and drills. Camp is broken into groups by skill and age. All participants receive an Official Master Sports Football and Camp T-Shirt!

Dates: August 1 - 5
Days: Monday - Friday
Time: 9:00am - 3:00pm
Ages: 6 - 13 years old
Fee: \$165 / week



For more information and registration contact
Master Sports at (858) 945 - 8339 or visit
www.MASTERYourSPORTS.com

***LITTLE RASCALZ CAMPS

LITTLE RASCALZ SOCCER

Soccer 'n' Stuff Summer Camps



All the fun that has become synonymous with our weekly classes added together with "even more fun" for our camps.

Ages: 3 - 6 years old
Day: Monday - Friday
Time: 9:00am - 12:00pm
Fee: \$180.00



CAMP DATES

June 13 - June 17

June 27 - July 2

* Full Day Camp Option Available for this Camp.

July 11 - July 15

July 25 - July 29

August 1 - August 5

August 15 - August 19

*This year we have teamed up with Dance to Evolve to offer a one week FULL DAY camp. Soccer in the morning, (9:00 - 12:00), then the kids eat lunch and then do a Hip hop dance camp in the afternoon in the cool air conditioned recreation center: (12:30 - 3:30).

All the fun of soccer plus lots of super duper camp like activities, including water balloon games, T-Shirt decorating, and our now famous 'Bear Hunt and "Pirate Day"!

A non refundable \$50 deposit must be made at time of registration (through the website) and balance is due 7 days before the start of the camp.

For more information & registration contact Coach
Suzie at 619-309-9626 www.littlerascalzsoccer.com

Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SD Basketball rent facility space from the City of San Diego at the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

***YOUTH SUMMER CAMPS



Kurtis Swanberg Little Rookies T-Ball & Pitching Machine School Summer Camp



Our 24th year in Carmel Valley

This camp allows kids to learn the game of baseball and softball while having a great time. Instruction in: Base running, Fielding, Throwing, Hitting, Catching of the ball; Pitching, Pick-offs, Fielding, Bunting, Fly Balls, Bag Work and More! Daily live games.

Professional staff, great fun and T-shirts.

Plus award trophy for all!

Don't miss out on this fantastic experience

Date: June 20 - 24

Days: Monday - Friday

Ages: 4 - 12 years old

Location: Ocean Air Baseball Field



Times & Camp Fee

Full Day 9:00am - 2:00pm \$210.00

Half Day 9:00am - 11:30am \$165.00

***Ask for group rate and early drop offs**

Check Website for Summer Class schedule

For more information and registration
for camps contact Coach Kurtis at
858-344-7678
www.littlerookiestballschool.com



San Diego

Rhythmic Gymnastics Academy **Summer Camp**

If your child enjoys playing with a ball or dancing with a ribbon she or he probably will like

Rhythmic Gymnastics Camp. The camp offers different activities like gymnastics, dance, ballet, track and field, and others. A child will learn how to work with a ribbon, ball, hoop, rope, and rhythmic gymnastics clubs. Our camp offers the best all-around physical education compliment to any young child's physique and development.

Your child needs to wear a gymnastics outfit and bring 2 snacks and two bottles of water per day.

CAMP I

Dates: July 11 - 15

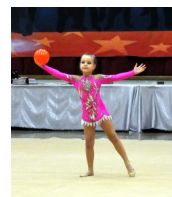
Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am-3:00pm

Fee: Recreational Camp - \$200

Advanced Camp - \$300



CAMP II

Dates: July 25 - 29

Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am - 3:00pm

Fee: Recreational Camp - \$200

CAMP III

Dates: August 15 - 19

Days: Monday - Friday

Ages: 6 - 15 years old

Time: 9:00am - 3:00pm

Fee: Recreational Camp - \$200

Advanced Camp - \$300

***Advanced camp for level 4 - 10 gymnasts**



For more information and registration
for camps contact SDRGA
at (619) 852-7439
www.sandiegorhythmicgymnastics.com

Master Sports, Little Rascalz, Little Rookies T-Ball, San Diego Rhythmic Gymnastics and SD Basketball rent facility space from the City of San Diego at the Ocean Air Recreation Center to operate their programs. Distributing registration and program information is the responsibility of these individual businesses. **Please contact them directly for all program inquiries.**

***YOUTH SUMMER CAMPS

Drama Kids

Drama Kids offer unique developmental drama summer camps where acting is used as a tool to teach articulation, innovative thinking and self-expression. Children age 6yr-11yrs are involved with interactive theater games and activities that focus on collaboration and confidence building.

Super Hero Playhouse Camp Half & Full Day

It's a bird! It's a plane It's ?? Campers will find their inner Super Hero during this week of non-stop, action packed fun for all. Each camper will learn acting basics centered on super hero themes and be challenged to use their own creative thinking to act in and solve fun adventures.



When: July 25 – 29

Registration Deadline July 19

Half Day - \$167 (\$217 Reg.) 9am- 12pm

Full Day - \$250 (\$325 Reg.) 9am -4pm

Easy On-Line Registration @

www.dramakids.com/ca1 - 619-846-2407

PARKS FIT OCEAN AIR SUMMER CHALLENGE



Challenge: Walk, Run, Roll or Swim 30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!

***Registration Code 26116**

- Challenge begins June 13 - Ends August 13
 - Registration period: May 14 - August 12
- Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

For more information:

Contact Ocean Air Recreation staff .

ADULT LEAGUES

Torrey Hills Neighborhood Park BIO - TECH CO-ED SOFTBALL

Monday Night

Registration Code (24360)



Tuesday Night

Registration Code (24362)

Wednesday Night

Registration Code (24363)

Thursday Night

Registration Code (24361)



Fee: \$650

Games Begin week of August 1st

Register online at: www.SDRecConnect.com
(use Registration codes to register)

Registration begins May 14, 10:00am
\$15 charge per game for umpire

**For more information, contact League Director
Pete McNamara at 858-453-6208.**

*****MEN'S BASKETBALL LEAGUE Tuesday Night**

For information contact
Rob Powell, League Director
(858) 829-8007 or
www.sandiegobasketball.com



Are you going to register online?
OARC Online registration activity numbers are assigned for each class and are appear in brackets; e.g. (6262)

***SUMMER CLASSES

LITTLE RASCALZ CLASSES



NON-COMPETITIVE SOCCER CLASSES

Classes are unique. There is no substitution to this program and our highly effective methods. Our particular style of fun/teaching is completely one of a kind and we back that up with a *100% money back guarantee!*

*Mommy 'n' Me

For curious and energetic little ones 18 mo - 2½

*Regular classes

Suitable for the majority of children 2½ - 5½

*Vets classes

Slightly more challenging for children 4-6 yrs

*Munchkin classes

Advanced with competition introduced for 5-6 yrs

Sessions:

late spring session

May 9th - July 2nd - 8 weeks \$150

Summer session

July 11th - Aug 27th - 7 weeks \$133.25

Day: Mondays

9:00 - Mommy n me class

9:45 - Mommy n me class

10:30 - Regular class

Day: Tuesdays

9:30 - 10:10 - Regular class

10:20 - 11:00 - Vets Class

Day: Fridays

3:30 - 4:10 - Regular class

3:30 - 4:10 - Vets class

3:30 - 4:10 - Advanced class

4:20 - 5:00 - Regular class

4:20 - 5:00 - Vets class

4:20 - 5:00 - Academy class

5:10 - 5:50 - Regular class

5:10 - 5:50 - Vets class

5:10 - 5:50 - Advanced class

YEAR AROUND -
CLASSES
CHECK WEB SITE
FOR CURRENT



For more information & registration contact
Coach Suzie at 619-309-9626
www.littlerascalzsoccer.com

MASTER SPORTS CLASSES



JR. SPORTS

Each session participants will play soccer, basketball, t-ball, flag football and track and field. Our coaching philosophy is to give participants a foundation in each sport by incorporating rules into modified games that are appropriate for each age group and most importantly lots of fun. Participants receive a class T-shirt and sports gift.

Session: June 25 – August 20

(8 weeks)* No class on July 2

Day: Saturday

Ages: 3 - 4 years **Time:** 9:00 - 9:50am

4 - 5 years **Time:** 10:00 - 10:50am

5 - 6 years **Time:** 11:00 - 11:50am

Fee: \$120.00

For registration visit

www.MASTERSPORTS.com



Master Sports CARMEL VALLEY OPEN TEAM ENTRY SUMMER

YOUTH BASKETBALL LEAGUE

Make your own team, pick a name, and play some basketball in two of the most beautiful facilities in San Diego. Ocean Air and Carmel Valley Recreation Centers. Teams are guaranteed eight games. This league is semi-competitive.

Cost: \$850 per team, includes uniforms

Email: ryan@masteryoursports.com

Individual Players can register for the recreation league.

See website for details or call **(858) 945-8339**

Season Runs late June to the end of August.

Registration deadline is May 19, 2016

Download team registration form at
www.MASTERYoursSPORTS.com

OCEAN AIR, SAGE CANYON & CARMEL VALLEY SUMMER MOVIES IN THE PARK

Bring your blanket, pillow and/or beach chair to these fun and free events
Enjoy a safe and special night under the stars. Come early and enjoy activities for all ages.
Events start at 6PM, movies start at dusk. Snack and Beverages will be available for sale.



FINDING NEMO



Saturday, June 18

Carmel Valley Community Park - 3777 Townsgate Dr. - 858-552-1616



MINIONS

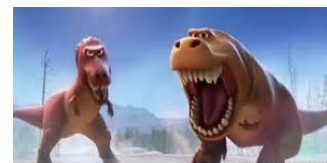


Friday, July 8

Ocean Air Community Park, 4770 Fairport Way, 92130 - 858-552-1687



THE GOOD DINOSAUR



Saturday, July 16

Carmel Valley Community Park - 3777 Townsgate Dr. - 858-552-1616



INSIDE OUT



Friday, August 12

Sage Canyon Neighborhood Park - 5252 Harvest Run Drive - 858-552-1687